

2023-04-16

Things that Matter

2023-11-30

many of us have particular things in our lives photographs paintings old letters books furniture jewellery or clothing that hold special meaning for us often they correspond to pivotal memories and can be central to our sense of self and our life narratives all the more so as we age things that matter sheds important light on the intricate intertwining of mementos with stories and vice versa in most people's lives the book explores the significance of cherished objects within the life stories of nine participants in a qualitative study of the links between reminiscence and resilience in later life the researchers who conducted the study represent a variety of fields including gerontology social work ministry nursing literature and education the book details how life stories can be fraught with a wide range of insights and questions from the memories that get stirred up as people embark on the process of life review prompted by the challenges and changes of aging shedding light on the complex emotional psychological and spiritual findings of the study things that matter ultimately reveals the intricacy of personal narrative and the incredible ways in which things and stories are interwoven in our lives over time

Things That Matter

2022-04-19

1 wall street journal bestseller discover practical steps you can take today to live a life focused on things that matter from the bestselling author of the more of less and the minimalist home things that matter points the way to free ourselves from the distractions of everyday life so that we can build the lives we seek to create gretchen rubin author of the happiness project everywhere around you are distractions that text you respond to quickly just to get it out of the way the newest money making side hustle to cross your mind the evening spent organizing your overflowing kitchen cupboards disruptions are the enemies of a life well lived both the new distractions of our generation and timeless ones that have existed for centuries they all add up to make you feel restless tired and unfulfilled they're keeping you from living with joy from accomplishing the good that only you can do but that can change today in things that matter joshua becker uses practical exercises questions insights from a nationwide survey and success stories to give you the motivation you need to identify the pursuits that matter most to you align your dreams with your daily priorities recognize how money and possessions keep you from happiness become aware of how others' opinions of you influence your choices embrace what you're truly passionate about instead of planning that next escape figure out what to do with all those emails notifications and pings let go of past mistakes and debilitating habits things that matter is a book about living well it's about overcoming the chatter of a world focused on all the wrong things it's about rethinking the common assumptions of today to find satisfaction and fulfillment tomorrow how do we get to the end of our lives with minimal regrets we set aside lesser pursuits to seek lasting meaning and we discover the joy of doing it every day

Things That Must be

2023-08-18

reprint of the original first published in 1873

12 Stupid Things That Mess Up Recovery & 12 Smart Things to Do When the Booze an

2010-11-17

the author of the recovery mainstay 12 stupid things that mess up recovery offers a fresh list of smart things to do to attain and sustain emotional sobriety the author of the recovery mainstay 12 stupid things that mess up recovery offers a fresh list of smart things to do to attain and sustain emotional sobriety whether it s called dry drunk or white knuckle sobriety it s that stage in recovery when we realize that putting the plug in the jug isn t enough the next step is taking responsibility for the emotional immaturity that fuels our addictive personality and has a tremendous impact on ourselves and others allen berger ph d draws on the teachings of bill w and psychotherapy pioneers to offer twelve hallmarks of emotional sobriety that when practiced give people the confidence to be accountable for their behavior ask for what they want and need and grow and develop a deeper trust in the process of life these smart things include understanding who you are and what s important to you learning not to take others reactions personally trusting your inner compass taking responsibility for your reactions to problematic situations it is in these practices that we find release from what bill w described as an absolute dependency on people or circumstances and develop the tools to find prestige security and belonging within

The Things That Really Matter

2022-05-10

while being rooted in the academic discourse the things that really matter comprehensively explores the most fundamental aspects of human life in an accessible non technical language adding fresh perspectives and new arguments and considerations that are designed to stimulate further debate and in some cases a deliberate redirection of research interests in the respective areas it features a series of conversations about the things in our life that we all in one way or another wrestle with if we are at all concerned about what kind of world we live in and what our role in it is things like birth age and death good and evil the meaning of life the nature of the self and the role the body plays for our identity our gendered existence love and faith free will beauty and our experience of the sacred situating abstract ideas in concrete experience the things that really matter encourages the reader to participate in an open ended dialogue involving a variety of thinkers with different backgrounds and orientations lively and accessible it shows thinking as an open ended process and a collaborative endeavour that benefits from talking to each other rather than against each other featuring real conversations where ideas are explored tested changed and occasionally dropped it is thinking in motion personal yet universal

Things That Last

1991-03

reproduction of the original old people and the things that pass by louis couperus

Old People and the Things that Pass

2018-09-21

most things we create will not matter this book is about creating things that do from a master innovator who brings science and art together in his cutting edge labs art and science are famous opposites contemporary innovation mostly keeps them far apart but in this book david edwards world renowned inventor harvard professor of the practice of idea translation creator of breathable insulin edible food packaging and digital scents reveals that the secret to creating very new things of lasting benefit including innovations we will need to sustain human life on the planet lies in perceiving art and science as one here edwards shares how he discovered a way of creating that transcends disciplines and incorporates the principles of aesthetics he introduces us to cutting edge artists musicians architects physicists mathematicians engineers chefs choreographers and novelists among others and uncovers a three step cycle they all share in creating things that durably matter this creator cycle looks unlike what we associate with game changing innovation today and aligns the most expressive art and the most revolutionary science in a radical reimagining of how we live david edwards and the innovators he profiles belong to an emerging grassroots renaissance flourishing in special environments that we all can make in our schools companies and homes creating things that matter is a book for anyone wondering what tomorrow might be and at last half believing that what they do can make a difference

Creating Things That Matter

2018-10-16

the u s food and drug administration fda offers the full text of the article entitled fighting phobias the things that go bump in the mind written by lynne l hall that appeared in the march 1997 issue of the fda consumer magazine hall discusses the three defined types of phobias that are classified as specific or simple phobias social phobias and agoraphobia

Fighting Phobias, The Things That Go Bump in the Mind

2018-03-13

an original collection of lauded philosopher galen strawson s writings on the self and consciousness naturalism and pan psychism galen strawson might be described as the montaigne of modern philosophers endlessly curious enormously erudite unafraid of strange difficult and provocative propositions and able to describe them clearly in other words he is a true essayist strawson also shares with montaigne a particular fascination with the elastic and elusive nature of the self and of consciousness of the essays collected here a fallacy of our age an inspiration for vendela vida s novel let the northern lights erase your name takes issue with the commencement address cliché that life is a story strawson questions whether it is desirable or even meaningful to think about life that way the sense of the self offers an alternative account in part personal of how a distinct sense of self is not at all incompatible with a sense of the self as discontinuous leading strawson to a position that he sees as in some ways buddhist real naturalism argues that a fully naturalist account of consciousness supports a belief in the immanence of consciousness in nature as a whole also known as panpsychism while in the final essay strawson offers a vivid account of coming of age

in the 1960s drawing on literature and life as much as on philosophy this is a book that prompts both argument and wonder

Things That Bother Me

2014-12-02

by the author of the design of everyday things insightful and whimsical profoundly intelligent and easily accessible don norman has been exploring the design of our world for decades exploring this complex relationship between humans and machines in this seminal work fully revised and updated norman gives us the first steps towards demanding a person centered redesign of the machines we use every day humans have always worked with objects to extend our cognitive powers from counting on our fingers to designing massive supercomputers but advanced technology does more than merely assist with memory the machines we create begin to shape how we think and at times even what we value in things that make us smart donald norman explores the complex interaction between human thought and the technology it creates arguing for the development of machines that fit our minds rather than minds that must conform to the machine

Things That Make Us Smart

1868

from the creator of the iconic cathy comic strip comes her first collection of funny wise poignant and incredibly honest essays about being a woman in what she lovingly calls the panini generation as the creator of cathy cathy guisewite found her way into the hearts of readers more than forty years ago and has been there ever since her hilarious and deeply relatable look at the challenges of womanhood in a changing world became a cultural touchstone for women everywhere now guisewite returns with her signature wit and warmth in this debut essay collection about another time of big transition when everything starts changing and disappearing without permission aging parents aging children aging self stuck in the middle with her uniquely wry and funny admissions and insights guisewite unearths the humor and horror of everything from the mundane trying to introduce her parents to tivo and facing four decades worth of unorganized photos to the profound finding a purpose post retirement helping parents downsize their lives and declaring freedom from all those things that hold us back no longer confined to the limits of four comic panels guisewite holds out her hand in prose form and becomes a reassuring companion for those on the threshold of what happens next heartfelt and humane and always cathartic fifty things that aren't my fault is ideal reading for mothers daughters and anyone who is caught somewhere in between

"The Things that are wanting." A sermon [on Ti. i. 5] preached ... at the consecration of ... W. C. Magee, Lord Bishop of Peterborough, and ... H. H. Parry, Bishop Coadjutor of Barbadoes

2019-04-02

eighteen things that zap your strength or how to fizzle out faster is an eye opener

just in the table of contents each page is practical clear concise and easy to grasp deb has a tremendous communication gift and is able to impart truth in a witty practical down to earth and in your face way that makes you laugh at yourself while you wince her book is a delight to read and is nothing but liberating powerful and life changing truth in every chapter get ready for a change david alsobrook sure word ministries brentwood tennessee deb kalsbeck is a licensed minister and a professional accompanist she has a wonderful husband of 38 years and four miracle children she is passionate about her faith and the strength of her god she can be reached at deb piano accp yahoo com

Fifty Things That Aren't My Fault

2009-09

3 things so special to god that his divine purposes and plans are centered around them

Eighteen Things That Zap Your Strength

2020-01-01

this book is for people who experience heartbreak over love notes with subject verb disagreements for anyone who s ever considered hanging up the phone on people who pepper their speech with such gems as irregardless expresso or disorientated and for the earnest souls who wonder if it s woe is me or woe is i or even woe am i martha brockenbrough s things that make us sic is a laugh out loud guide to grammar and language a snarkier american answer to lynn truss s runaway success eats shoots leaves brockenbrough is the founder of national grammar day and spogg the society for the promotion of good grammar and as serious as she is about proper usage her voice is funny irreverent and never condescending things that make us sic addresses common language stumbling stones such as evil twins clichés jargon and flab and offers all the spelling tips hints and rules that are fit to print it s also hugely entertaining with letters to high profile language abusers including david hasselhoff george w bush and canada s maple leafs sic as well as a letter to and a reply from her majesty the queen of england brockenbrough has written a unique compendium combining letters pop culture references handy cheat sheets rants and historical references that is as helpful as it is hilarious

3 Things That Are Sacred To God

2008-10-14

featured on the one show do you want a happy fulfilling relationship do you want a wonderful future with your partner do you want to use the proven scientific principles that make relationships work over the past thirty years paul mckenna phd has worked with people facing the biggest challenges in life and some of the most successful people in the world now in this new book he is turning to one of the most important subjects of all relationships drawn from decades of scientific research the system in this book includes downloadable audio and video techniques everything that paul mckenna would do in personal session with you on relationships is in this system the powerful processes provide the answers for anyone who wishes they could make their relationships last and wants them to get better and better it provides practical solutions and techniques for personal change that open the way to a stronger loving future sometimes

just one significant change can transform a relationship here you can learn all seven things that make or break a relationship includes free audio and video downloads important before purchasing please be aware that you will need to use a computer to download this content

Things That Make Us (Sic)

2020-02-13

everything seems quiet on ann brooks s suburban cul de sac despite her impending divorce she s created a happy home and her daughters are adjusting to the change she feels lucky to be in a supportive community and confident that she can handle any other hardship that life may throw her way but then right before thanksgiving a crisis strikes that turns everybody s world upside down suddenly her estranged husband is forced back onto her doorstep bringing with him his beautiful graduate assistant trapped inside the house she once called home confronted by challenges she never could have imagined ann must make life or death decisions in an environment where the simple act of opening a door to a neighbor could jeopardize all she holds dear the choices she makes will impact the lives of those around her irrevocably and linger in the reader s memory in this marvelous first novel written with authority grace and wisdom bonus this edition contains a the things that keep us here discussion guide

Seven Things That Make or Break a Relationship

2010-02-09

the most trusted opinion in rock music billy corgan the smashing pumpkins matt pinfield offers the ultimate music fan s memoir an entertaining and insightful clive davis chronicle of the songs and artists that inspired his improbable career alongside some of the all time greats from the beatles to kiss to u2 to the killers matt pinfield makes rock n roll fandom sound like a lifelong heroic quest which it is rob sheffield he s the guy who knows every song artist and musical riff ever recorded down to the most obscure band s b side single on its vinyl only import ep as a child pinfield made sense of the world through music later as a teenager pinfield would approach his music idols after concerts and explain why he loved their songs as an adult rock music inspired his career fueled his relationships and at times became a life raft in this charming rambling account of a life saved by rock n roll pinfield is a disarmingly likable guide kirkus reviews through his lifelong music obsession from the heavy metal that infused his teenage years to his first encounters with legends like lou reed and the ramones and how through his mtv years he played a major role in bringing nineties alt rock mainstream over his long career pinfield has interviewed everyone from paul mccartney to nirvana to jay z earning the trust and admiration of artists and fans alike now for the first time he shares his five decades of stories from the front lines of rock n roll exploring how with nothing more than passion and moxy he became a sought after reporter unlikely celebrity and the last word in popular music featuring a rousing collection of best of lists favorite tracks and artist profiles all these things that i ve done is an excellent read publishers weekly about how a born outsider wound up in the inner circle

The Things That Keep Us Here

2016-09-06

in addition to staying connected to our support systems and avoiding opportunities to use during the coronavirus pandemic we can also keep confronting and conquering the self destructive things we think and do that undercut our health and sanity concise advice on hunting down the personal culprits that sabotage sobriety and personal happiness to grow in recovery we must grow up emotionally this means getting honest with ourselves and facing up to the self defeating thoughts and actions that put our sobriety at risk although there are as many ways to mess up recovery as there are alcoholics and addicts some general themes exist which include confusing self concern with selfishness not making amends using the program to try to become perfect not getting help for relationship troubles and believing that life should be easy in simple down to earth language allen berger explores the twelve most commonly confronted beliefs and attitudes that can sabotage recovery he then provides tools for working through these problems in daily life this useful guide offers fresh perspectives on how the process of change begins with basic self awareness and a commitment to working a daily program

All These Things That I've Done

2009-06-03

whether you are facing relapse learning to overcoming complacency or taking responsibility for your feelings and actions this book will equip you to overcome some of the most common relapse hazards you may encounter on your path to long term recovery this book gives you the tools you need to work through twelve pitfalls that you are likely to encounter on your path to long term recovery whether you are facing relapse learning to overcoming complacency or take responsibility for your feelings and actions this book will equip you to overcome some of the most common relapse hazards recovery from addiction is often compared to a journey where you meet new people rejuvenate your mind body and spirit and learn new things about yourself that give you hope for the future but like all journeys there are also pitfalls that can jeopardize your sobriety with his popular book 12 stupid things that mess up recovery allen berger has shown many people how to confront self defeating thoughts and behaviors that can sabotage their sobriety in this sequel allen gives you the tools you need to work through twelve pitfalls that you are likely to encounter on your path to long term recovery whether you are facing relapse learning to overcome complacency or taking responsibility for your feelings and actions this book will equip you to overcome some of the most common relapse hazards as you make your trek along the road of happy destiny

12 Stupid Things That Mess Up Recovery

1858

dark things roam the veil the revelation of fae secrets tied deeply to her own family has turned ayla s life upside down and now to save the family and friends she loves most she ll have to dive head first into the realm which threatens them the realm of the fae but will she be enough to save them clean ya urban fantasy full of fae folklore sweet romance monsters and all things magicky and mysterious if you ve already read book 1 then get ready because here comes the rest dive into book 2 of the leyward stones today

"Things that Accompany Salvation:" in Nineteen Sermons ...

2016-06-14

experience the drama of the explosive cosmos and the astonishing discoveries being made about the universe's wildest phenomena the violent birth of the universe was only the first bang of a very bumpy ride this unfathomably cacophonous beginning has spawned blasts implosions cosmic cannibalism collisions and countless other fleeting energetic events punctuating the cosmos although often brief these transient phenomena pack a powerful punch armed with decades of theoretical progress unrivaled computing power and cutting edge technology astronomers find themselves at the cusp of understanding not just the events themselves but also how those events reveal the story of the entire cosmos in things that go bump in the universe astronomer and science writer c renée james introduces us to her colleagues around the world who are using pioneering research techniques to explore everything from the very first explosions in the universe to the dark energy that could destroy it all along the way james describes the history of transient astronomy how the universe presents itself through various astronomical messengers and the unexpected connections between different phenomena capturing the drama of a wild violent cosmos for the curious reader james explains a different category of transient event in each chapter using easy to understand metaphors and stories to explain the science behind these awe inspiring cosmological encounters things that go bump in the universe explores the incredible discoveries being made in this revolutionary field the tools used to detect cosmic events and the astronomical mysteries that continue to puzzle observers and theorists james weaves together the stories of our turbulent universe informative entertaining frequently perplexing and occasionally philosophical and the people who are trying to make sense of it

Things That Go Bump in my Head

2023-07-05

the book of artemas concerning men and the things that men did do at the time when there was war by andrew cassels brown published by good press good press publishes a wide range of titles that encompasses every genre from well known classics literary fiction and non fiction to forgotten or yet undiscovered gems of world literature we issue the books that need to be read each good press edition has been meticulously edited and formatted to boost readability for all e readers and devices our goal is to produce ebooks that are user friendly and accessible to everyone in a high quality digital format

12 More Stupid Things That Mess Up Recovery

2023-11-14

michael bennett is a super bowl champion a three time pro bowl defensive end a fearless activist a feminist an organizer and a change maker he's also one of the most humorous athletes on the planet and he wants to make you uncomfortable bennett adds his voice to discussions of racism and police violence black athletes and their relationship to powerful institutions like the ncaa and the nfl the role of protest in history and the responsibilities of athletes as role models to speak out against injustice following in the footsteps of activist athletes from muhammad ali to colin kaepernick bennett

demonstrates his outspoken leadership both on and off the field written with award winning sportswriter and author dave zirin sitting down to stand up is a sports book for young people who want to make a difference a memoir and a book as hilarious and engaging as it is illuminating

LeyGuards, Faespells, and Other Things That Breach the Veil

2023-07-10

a young adult romantic comedy that will appeal to fans of 10 things i hate about you and jenn bennett s alex approximately seventeen year old brynn riley is on a hundred committees has earned teacher s pet in practically every class she s ever taken and is on track to make valedictorian but one night brynn makes a mistake a big one why wouldn t the cops show up on the one night she s ever cut loose in her life why wouldn t she be assigned community service for one tiny mistake and why of all things wouldn t a boy from school happen to work at the pitbull rescue where she chooses to do her community service hours oliver west s dad owns the rescue and oliver works there as his second in command and brynn and oliver both know that she absolutely screwed him out of a major scholarship opportunity at school earlier in the semester if he tells anyone at school that she was arrested everything she s worked so hard for will be disappear if brynn doesn t want her secret spilled she d better start taking oliver seriously he ll keep quiet if she helps him get another shot at the scholarship project since she ruined it after all as the two get closer the stakes begin to shift brynn starts to want oliver for more than the community service checkmark that will give her back her squeaky clean record and oliver as it turns out takes brynn riley very very seriously but well you know what they say nothing brings people together like blackmail pitbulls and court ordered community service

Things That Go Bump in the Universe

2019-09-03

bullets are violent jokes are violent can either be used for good what is good a good bullet will make next to no effort to answer the last question because it s too hard but it will have a crack at asking why and how sex war history death insecurity hatred and loss all the good stuff make people laugh

The book of Artemas concerning men, and the things that men did do, at the time when there was war

2022-01-25

fifteenyearold tamara anderson whose peripatetic family has finally settled in rural sherman new york in the 1950 s tries to cope with her mother s illness her father s feckless artistic nature and her burgeoning love for her new home a first novel

Things That Make White People Uncomfortable (Adapted for

Young Adults)

1875

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Rebel Boys and Rescue Dogs, or Things That Kiss with Teeth

1871

Ministrations: Or, Feeding the Flock of God

2013-08-01

Truths versus Shadows, or the Real and the False

1877

A Good Bullet: Comedy, Violence and All the Terrible Things That Make Us Laugh

2000

The Complete Works

1872

Some Things that Stay

1886

The Works of Aurelius Augustine: Writings in connection with the Manichaeian heresy, translated by Richard Stothert. 1872

1872

Psal̄m CXXV to CL

1870

1886

1896

2017-10-26

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