

Free epub The body and its pain (Read Only)

everyone experiences pain differently but there are a few main types of pain that are felt in distinct ways learn about these types of pain and how to describe them to your doctor pain is a general term that describes uncomfortable sensations in the body it stems from activation of the nervous system pain can range from annoying to debilitating it may feel like a pain is most often grouped by the kind of damage that causes it the two main types are pain caused by tissue damage also called nociceptive pain and pain caused by nerve damage also called symptoms causes diagnosis treatment doctors departments overview sciatic nerve enlarge image sciatica refers to pain that travels along the path of the sciatic nerve the sciatic nerve travels from the buttocks and down each leg pain is an unpleasant sensory and emotional experience no two people feel pain the same way even if the reasons for their pain are alike pain is a highly personal experience and a person's report of their own pain is the best measure pain can feel mild or severe what is pain and how do you treat it causes types diagnosis racism in pain management treatment people feel pain when signals travel through nerve fibers to the brain for interpretation pain can be due to a wide variety of diseases disorders and conditions that range from a mild injury to a debilitating disease the types of pain can be categorized as acute chronic referred cancer neuropathic and visceral acute pain is experienced rapidly in response to disease or injury ouch that hurts the science of pain pain happens when your nervous system thinks that a part of your body is injured or in danger of getting injured almost all of us have experienced pain of some kind it's the most common reason why people seek medical care overview there are various classification systems of pain in existence pain is most commonly classified by duration acute vs chronic pain location or by its cause the pathophysiology underlying the pain overview what is chronic pain chronic pain is pain that lasts for over three months the pain can be there all the time or it may come and go it can happen anywhere in your body chronic pain can interfere with your daily activities such as working having a social life and taking care of yourself or others an evolutionary response to perceived or actual danger that serves as the body's warning system pain is complex subjective and constructed by both brain and body working in concert can be a symptom of an underlying issue or condition or a health problem in its own right some kinds of leg pain can be sign of a serious problem learn which symptoms mean it's time to call your doctor carpal tunnel syndrome carpal tunnel syndrome is often caused by repetitive hand movements such as typing though anatomical differences can also factor in the pain is caused by an increase in pressure on nerves that run through the wrist bursitis is the most common cause of arm and shoulder pain introduction pain is likely the most common symptomatic complaint in medicine an understanding of its pathophysiology is critical to interpreting it in patients 1 2 differentiating between the terms nociception and pain is worthwhile pain is a warning mechanism that protects an organism by influencing it to withdraw from harmful stimuli it is primarily associated with injury or the threat of injury pain is subjective and difficult to quantify because it has both an affective and a sensory component symptoms the most common signs and symptoms of arthritis involve the joints depending on the type of arthritis signs and symptoms may include pain stiffness swelling redness decreased range of motion request an appointment address 1 causes pain is a general term that describes any kind of unpleasant or uncomfortable sensation in the body there are many different types and causes of pain and these can be grouped into eight different categories to help with pain management acute pain chronic pain breakthrough pain bone pain nerve pain phantom pain soft tissue pain with its anti-inflammatory properties ginger is a natural remedy that may help reduce swelling some people find relief from ear pain by applying a few drops of ginger juice around their outer overview rheumatoid arthritis enlarge image rheumatoid arthritis is a chronic inflammatory disorder that can affect more than just your joints in some people the condition can damage a wide variety of body systems including the skin eyes lungs heart and blood vessels intro la la la la verse 1 it's eight o'clock in the morning now i'm entering my bed had a few dreams about you i can't tell you what we did i expected to see you on your morning run

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