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of ankle fracture surgery is to put the ankle joint back in place and to stabilize the bones to heal getting the ankle joint back in place helps to decrease the risk of developing arthritis of the ankle stabilizing the ankle with plates and screws may allow earlier motion diagnosis ankle fusion also called ankle arthrodesis is a surgical procedure used to treat intolerable motion limiting ankle pain that is due to severe degenerative ankle arthritis this surgery involves removing the inflamed cartilage and surgically joining two or more ankle bones together undergoing foot or ankle surgery can be a life changing experience whether you've had surgery to correct a painful condition such as a bunion or an ankle fracture or opted for elective surgery to enhance your mobility post operative care is crucial to ensure a smooth and successful recovery andrew j meyr published online may 8 2024 view all issue highlights the journal of foot ankle surgery journal club featured this month the era of artificial intelligence talking about the potential application value of chatgpt gpt 4 in foot and ankle surgery

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ankle replacement surgery is the replacement of the damaged cartilage and bone in the ankle joint with an artificial implant the ankle joint tibiotalar joint is where your shin bone tibia rests on top of a bone of your foot talus

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in ankle replacement surgery the ends of the damaged bones are removed and replaced with a joint made of plastic and metal this artificial joint helps the ankle retain more movement so there is less risk of arthritis developing in nearby joints ankle replacement tends to have more risks associated with it however than ankle fusion

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total ankle replacement also known as total ankle arthroplasty is a surgical treatment for ankle arthritis that is appropriate for some patients can ankles be replaced ankle replacement surgery has been an option for many years

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ankle arthroscopy is a surgery used to treat issues inside of your ankle joint your surgeon will insert a special tool called an arthroscope into your ankle to identify and repair damage the arthroscope includes a camera and a light that lets your surgeon see what s going on inside of your ankle while only making a few small incisions cuts

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depending on the type of condition the goal of the surgery may be to align broken bones fuse painful joints remove overgrown tissue or repair a torn ligament or tendon in cases of significant damage and severe pain in the ankle joint total ankle replacement may be recommended find a doctor

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an ankle fusion arthrodesis surgery treats arthritis by joining your ankle bones using screws or plates to eliminate the painful arthritic joint your surgeon removes the cartilage at the ends of each ankle bone and positions them so they fuse together as they heal

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ankle replacement surgery involves removing damaged parts of the ankle joint and replacing them with an artificial joint it is an option when noninvasive treatments such as physical

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lateral ankle ligament reconstruction is a surgery to tighten and firm up one or more ankle ligaments on the outside of your ankle it s also known as the brostrom procedure it s most often done as an outpatient surgery so you can go home the same day your ankle is a hinge joint that allows motion up and down and from side to side

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undergoing foot or ankle surgery can be a life changing experience whether you ve had surgery to correct a painful condition such as a bunion or an ankle fracture or opted for elective surgery to enhance your mobility post operative care is crucial to ensure a smooth and successful recovery

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