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ready to get cooking let's dive in the tineture vs edibles tinetures aren't the same as edibles if an edible is any food or beverage infused with cannabis you can think of a tineture as the raw product the potent cannabis extract that adds cannabinoids such as the and cbd to those foods and beverages

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cannabis tinctures are concentrated herbal extracts made by soaking cannabis in oil vegetable glycerin or high proof alcohol many herbal tinctures are made this way most cannabis tinctures are infused with medium chain triglyceride mct oil coconut oil or olive oil

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making edibles with an alcohol based tincture is a great way to enjoy the benefits of cannabis in a subtle and tasty way with the right ingredients and some basic knowledge you can create a wide variety of edibles that can be both fun and functional

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