

THE HEALING POWERS OF HERBS AND SPICES *2020-12-29*

BOOST YOUR IMMUNE SYSTEM WITH ANTIOXIDANTS LOWER YOUR RISK FOR THE FLU CANCER DIABETES HEART DISEASE AND MORE WITH ORDINARY EVERYDAY INGREDIENTS YOU CAN FIND AT HOME AND MAKE HEALTHY GREEN CHOICES IN TODAY'S FAST CHANGING WORLD THE KEY TO VIBRANT HEALTH FOR ALL GENERATIONS IS IN YOUR KITCHEN ANISE BAY LEAF GARLIC PARSLEY TURMERIC AND MORE FOR THOUSANDS OF YEARS HERBS AND SPICES HAVE BEEN PRAISED FOR PRESERVING AND FLAVORING FOOD AS WELL AS PREVENTING AND CURING ILLNESSES THE LATEST RESEARCH REVEALS THAT THE SEASONINGS ALREADY IN YOUR PANTRY OR EASILY FOUND FRESH IN YOUR SUPERMARKET OR GARDEN CAN LOWER YOUR RISK FOR CANCER HEART DISEASE AND OBESITY THIS A TO Z GUIDE CATALOGUES THE MOST POPULAR AND VERSATILE HERBS AND SPICES DRAWN FROM THE MEDITERRANEAN DIET BUT SUITABLE FOR ANY DIET PLAN YOU WILL LEARN HOW TO HARNESS HERBALISM TO HEAL YOUR BODY AND MIND DISCOVER HOW TO USE NATURE'S GIFTS INCLUDING ALLSPICE CHIVES FENNEL OREGANO PEPPER TARRAGON SAFFRON AND SPECIAL BLENDS LIKE HERBES DE PROVENCE TO BRING ABUNDANT ZEST TO YOUR TABLE WHILE LOWERING YOUR CHOLESTEROL BALANCING YOUR BLOOD SUGAR AND REVVING UP YOUR METABOLISM AT ANY AGE WARD OFF COLDS AND FLU BANISH A HACKING COUGH AND EVEN EASE PMS OR MENOPAUSE WOES BY ADDING TASTY PLANT THERAPY TO YOUR FAVORITE FOOD OR DRINK LESSEN YOUR ANXIETY AND BOOST YOUR MOOD WITH AROMATIC NATURAL INGREDIENTS FOUND IN DRIED AND FRESH FLAVORINGS SOOTHE ACES AND PAINS WITHOUT HARMFUL SIDE EFFECTS AND TRIGGER FEEL GOOD ENDORPHINS USING SWEET AND SAVORY GARNISHES INCLUDING EDIBLE FLOWERS CREATE IN HOME SPA TREATMENTS USING THE SAME HERBAL POTIONS FEATURED AT LUXURY SPA RESORTS CARAWAY BREADSTICKS ANYONE HOW ABOUT CILANTRO LIME SLAW HERBAL GREEK BEAN SOUP OR ROASTED PAPRIKA CORNISH HENS WITH OVER 50 TASTE TEMPTING RECIPES ALONG WITH PERSONAL STORIES AND FASCINATING HISTORICAL ANECDOTES ON MEDICINAL USES DATING BACK TO BIBLICAL TIMES THE HEALING POWERS OF HERBS AND SPICES IS YOUR GO TO GUIDE TO EMBRACING LIMITLESS ENERGY AND HEALTHY LONGEVITY WHILE FEASTING ON MEMORABLE MEALS FULL OF AROMA AND DELICIOUSNESS INCLUDES 16 PAGES OF COLOR PHOTOS

THE GIFT OF HEALING HERBS *2014-03-11*

DISCOVER HOW PLANT MEDICINE CAN BOOST YOUR PHYSICAL EMOTIONAL AND SPIRITUAL WELLBEING WITH OVER 180 RECIPES AND STEP BY STEP INSTRUCTIONS FOR HERBAL TEAS AND OTHER NATURAL REMEDIES CONTAINS FAR MORE THAN SIMPLE DIRECTIVES FOUND IN MOST HERB BOOKS SPIRITUAL INSIGHTS ARE RICHLY INTERWOVEN WITH EXCELLENT HERBAL REMEDIES ROSEMARY GLADSTAR AUTHOR OF MEDICINAL HERBS A BEGINNER'S GUIDE WITH MORE THAN 180 EASY TO FOLLOW RECIPES AND WRITTEN BY A WELL RESPECTED URBAN HERBALIST THE GIFT OF HEALING HERBS EXPLORES HERBOLOGY AS THE PEOPLE'S MEDICINE FREELY AVAILABLE TO ALL AND AS A POWERFUL YET GENTLE WAY TO HEAL THE BODY MIND HEART AND SOUL YOU WILL LEARN ABOUT THE TRUE NATURE OF HEALTH AND THE CAUSES OF ILLNESS THE PHYSICAL SYSTEMS OF THE BODY AND THE COMMON AND NOT SO COMMON HERBS FOR TONIFYING THEM RECIPES FOR TEAS BREWS AND HOW TO INCORPORATE HERBS INTO YOUR DAILY LIFE THE RELATIONSHIP BETWEEN OUR BODY SYSTEMS AND THE ELEMENTS OF EARTH AIR FIRE AND WATER FILLED WITH PERSONAL STORIES CASE HISTORIES PRAYERS MEDITATIONS AND MORE THE GIFT OF HEALING HERBS IS EQUAL PARTS INSPIRATION AND INSTRUCTION DRAWN FROM THE AUTHOR'S DECADES SPENT TEACHING AND PRACTICING HERBAL MEDICINE IN A SPIRITUAL EARTH BASED NON DOGMATIC STYLE BENNETT EXPLORES HOW ONE'S PERSONAL STORY TURNS INTO ONE'S EMBODIED PHYSICALITY ULTIMATELY REVEALING UNIQUE PATHS OF HEALING FOR EACH READER

RESTORING HEALTH WITH TIMELESS HERBAL WISDOM *2024-04-28*

ATTENTION ARE YOU SEEKING NATURAL SOLUTIONS FOR YOUR HEALTH AND WELL BEING DIVE INTO RESTORING HEALTH WITH TIMELESS HERBAL WISDOM WHERE ANCIENT TRADITIONS MEET MODERN SCIENCE TO UNLOCK THE SECRETS OF NATURE'S HEALING POWER INTEREST DISCOVER THE TRANSFORMATIVE POTENTIAL OF HERBAL MEDICINE AS YOU JOURNEY THROUGH THE PAGES OF THIS COMPREHENSIVE GUIDE FROM UNDERSTANDING THE RICH HISTORY AND TRADITIONS OF HERBALISM TO BUILDING YOUR OWN HERBAL TOOLKIT THIS BOOK OFFERS PRACTICAL INSIGHTS AND GUIDANCE TO EMPOWER YOU ON YOUR PATH TO WELLNESS DESIRE EXPLORE HERBAL REMEDIES FOR COMMON CONDITIONS FROM BOOSTING IMMUNITY AND MANAGING STRESS TO SUPPORTING WOMEN'S WELLNESS AND ENHANCING MEN'S HEALTH WITH CHAPTERS DEDICATED TO CHILDREN'S HEALTH AGING GRACEFULLY AND INTEGRATING HERBS INTO EVERYDAY LIFE YOU'LL FIND HOLISTIC SOLUTIONS TO NOURISH BODY MIND AND SPIRIT ACTION TAKE CONTROL OF YOUR HEALTH AND VITALITY TODAY EMBRACE THE HEALING POWER OF PLANTS AND EMBARK ON A JOURNEY TO RECLAIM YOUR WELL BEING WITH RESTORING HEALTH WITH TIMELESS HERBAL WISDOM LET NATURE BE YOUR GUIDE AS YOU DISCOVER THE PROFOUND GIFTS OF EMPOWERMENT WISDOM AND TRANSFORMATION THAT HERBS OFFER US

THE BEGINNER'S GUIDE TO THE LAST BOOK OF HERBAL REMEDIES *2024-01-21*

UNCOVER THE HIDDEN SECRET WITHIN THESE PAGES DIVE INTO THE WORLD OF THE BEGINNER'S GUIDE TO THE LAST BOOK OF HERBAL REMEDIES

CULPEPER'S COMPLETE HERBAL 2013-01-12

THIS BOOK EXPLORES THOSE ANCIENT HEALING TRADITIONS AND HOW THEIR WISDOM CAN BE APPLIED TODAY

ANCIENT HEALING SECRETS 2015

THESE REFLECTIONS ON HERBS GARDENS AND NATURE BY NATURALIST WRITER BESTON BEST KNOWN FOR THE OUTERMOST HOUSE A RECORD OF A YEAR SPENT ON CAPE COD S BEACH WERE FIRST PUBLISHED IN 1935 AND ARE HERE LOVINGLY REPRINTED LETTERPRESS WITH WOODCUTS BY JOHN HOWARD BENSON AND AN INTRODUCTION BY HORTICULTURE MAGAZINE EDITOR ROGER SWAIN ANNOTATION COPYRIGHTED BY BOOK NEWS INC PORTLAND OR

HERBS AND THE EARTH 1990



FRUITS, VEGETABLES AND HERBS: MEDICINAL CHEMISTRY, METABOLIC AND HEALTH EFFECTS 2023-08-02

EMBARK ON A CULINARY JOURNEY INFUSED WITH MELODIES AND FLAVORS THAT HARMONIZE TO CREATE A SYMPHONY FOR THE SENSES IN HARMONIES OF FLAVOR CULINARY CREATIONS PAIRED WITH MUSICAL INSPIRATIONS INDULGE IN A COLLECTION OF 100 MOUTHWATERING RECIPES METICULOUSLY PAIRED WITH APPROPRIATE SONGS TO ELEVATE YOUR DINING EXPERIENCE FROM THE TANTALIZING CHICKEN MARSALA SERENADED BY ABBA S MAMMA MIA TO THE SOULFUL BEEF BOURGIGNON ACCOMPANIED BY DITH PIAF S LA VIE EN ROSE EACH MAIN COURSE INVITES YOU TO SAVOR THE FUSION OF EXQUISITE TASTES AND MUSICAL RHYTHMS EXPLORE A DIVERSE ARRAY OF DISHES FROM THE VIBRANT SPICES OF CHICKEN TIKKA MASALA TO THE COMFORTING EMBRACE OF LEMON HERB ROAST CHICKEN WHETHER YOU RE HOSTING A DINNER PARTY OR SIMPLY SEEKING CULINARY INSPIRATION HARMONIES OF FLAVOR OFFERS A FEAST FOR BOTH THE PALATE AND THE SOUL JOIN US ON THIS GASTRONOMIC ADVENTURE WHERE MUSIC AND FOOD INTERTWINE TO CREATE AN UNFORGETTABLE SYMPHONY OF FLAVOR

2008-06

THE RELATIONSHIP BETWEEN PEOPLE AND HERBS HAS SPANNED THE MILLENNIA AND WHAT A RELATIONSHIP IT HAS BEEN HERBS HAVE BEEN BOTH OUR MEDICINE AND OUR FOOD WHILE THEIR FRAGRANCE AND BEAUTY HAVE WARMED OUR HEARTS AND DELIGHTED OUR SENSES THEY ARE NATURE S PURE AND PRECIOUS GIFTS TO MAN THE WHOLE HERB IS AN EASY TO FOLLOW GUIDE TO THE MANY USES OF THESE WONDERFULLY AROMATIC PLANTS THE BOOK BEGINS BY LOOKING AT THE HISTORY AND BENEFITS OF HERBS WHILE SUBSEQUENT CHAPTERS FOCUS ON THEIR MANY USES INCLUDING HERBS AND HEALTH HERBS IN THE KITCHEN HERBS AROUND THE HOUSE AND HERBS IN THE GARDEN WHAT COMES NEXT IS AN A TO Z REFERENCE PROFILING OVER FIFTY COMMON HERB VARIETIES EACH ENTRY PROVIDES INFORMATION ON THE HERB S BACKGROUND BENEFITS AND USES ALONG WITH HELPFUL BUYING GUIDES GROWING INSTRUCTIONS PRESERVATION METHODS AND SAFETY INFORMATION THROUGHOUT INSETS HIGHLIGHT IMPORTANT FACTS AND TECHNIQUES HELPING YOU FULLY ENJOY THE HERBAL EXPERIENCE

HARMONIES OF FLAVOR: CULINARY CREATIONS PAIRED WITH MUSICAL INSPIRATIONS 2004

ECOLOGICAL FLOWER AND VEGETABLE GARDENING

THE WHOLE HERB *1997*

HOW TO COMBINE HERBS TO ADDRESS ALL ASPECTS OF SPECIFIC AILMENTS LINDA PAGE HAS BEEN SAYING IT FOR YEARS GOOD FOOD IS GOOD MEDICINE NOW IN HER NEW REVOLUTIONARY COOKBOOK SET SHE PRESENTS THE LATEST INFORMATION ABOUT THE PROBLEMS WITH TODAY S FOOD SUPPLY AND SHOWS HOW TO USE FOOD AS MEDICINE FOR HEALING AND FOR WELLNESS

GARDENER'S SUPPLY COMPANY PASSPORT TO GARDENING *1998-12*

EMBARK ON A LIFE CHANGING JOURNEY THAT WILL TRANSFORM THE WAY YOU THINK ABOUT FOOD HEALTH AND WELL BEING THIS COMPREHENSIVE GUIDE DELVES DEEP INTO THE WORLD OF SUPERFOODS EXPLORING THEIR FASCINATING HISTORY DIVERSE NUTRITIONAL PROFILES AND COUNTLESS HEALTH BENEFITS WITH A FRIENDLY AND CONVERSATIONAL TONE THIS BOOK MAKES UNDERSTANDING AND INCORPORATING SUPERFOODS INTO YOUR DAILY LIFE A BREEZE DISCOVER A TREASURE TROVE OF EXOTIC AND ANCIENT SUPERFOODS THAT WILL EXPAND YOUR CULINARY HORIZONS AND PROVIDE A DELICIOUS NUTRIENT RICH BOOST TO YOUR FAVORITE DISHES FROM VIBRANT FRUITS AND VEGETABLES TO HEARTY GRAINS AND PULSES THIS BOOK SHOWCASES A WIDE VARIETY OF SUPERFOODS THAT ARE SURE TO INSPIRE AND DELIGHT LEARN HOW TO CREATE A BALANCED DIET WITH SUPERFOODS ENSURING YOU GET THE MOST OUT OF THESE POWERFUL NUTRITIONAL POWERHOUSES WITH PRACTICAL TIPS ON MEAL PLANNING PREPARATION PORTION SIZES AND FOOD SWAPS YOU LL BE WELL EQUIPPED TO MAKE HEALTHIER CHOICES AND ENJOY THE BENEFITS OF A SUPERFOOD INFUSED LIFESTYLE FEATURING MOUTHWATERING RECIPES FOR BREAKFAST LUNCH DINNER SNACKS DESSERTS AND BEVERAGES THIS BOOK PROVIDES ENDLESS INSPIRATION FOR WHOLESOME AND DELICIOUS MEALS EACH RECIPE IS CAREFULLY CRAFTED TO HIGHLIGHT THE UNIQUE FLAVORS AND NUTRITIONAL BENEFITS OF SUPERFOODS MAKING IT EASY FOR YOU TO NOURISH YOUR BODY AND TANTALIZE YOUR TASTE BUDS GAIN INSIGHT INTO THE LATEST ADVANCES IN NUTRITION RESEARCH AS WELL AS THE ROLE OF TECHNOLOGY IN SUPERFOOD CULTIVATION AND CONSUMPTION EXPLORE SUSTAINABILITY AND ETHICAL CONSIDERATIONS ENSURING THAT YOU CAN MAKE INFORMED CHOICES ABOUT THE FOOD YOU EAT FINALLY BE ENCOURAGED TO CONTINUE EXPLORING AND EXPERIMENTING WITH SUPERFOODS AS YOU EMBARK ON YOUR ONGOING JOURNEY TOWARDS OPTIMAL HEALTH AND WELL BEING WITH ADDITIONAL RESOURCES REFERENCES AND A GLOSSARY OF TERMS THIS BOOK IS THE ULTIMATE COMPANION FOR ANYONE LOOKING TO EMBRACE THE INCREDIBLE POWER OF SUPERFOODS

How to be Your Own Herbal Pharmacist *2024-01-30*

ENHANCE YOUR HOME AND HEALTH WITH SEASONAL HERBS THE ULTIMATE GUIDE TO SEASONAL HERBS SEASONAL LIVING WITH HERBS IS A TRANSFORMATIVE BOOK THAT EXPLORES THE MEDICINAL CULINARY AND CRAFTING USES OF HERBS UNLOCK THE FULL POTENTIAL OF SEASONAL HERBS THIS IS YOUR GO TO RESOURCE FOR DISCOVERING THE EXTRAORDINARY BENEFITS OF NATURE S BOUNTY LEARN HOW TO PRESERVE HERBS AND HARNESS THEIR MEDICINAL PROPERTIES EXPLORE CREATIVE WAYS TO USE HERBS IN YOUR EVERYDAY LIFE AND CULTIVATE A DEEPER CONNECTION TO THE NATURAL WORLD DISCOVER THE SECRETS OF HERBAL ABUNDANCE WITH SEASONAL LIVING WITH HERBS A COMPREHENSIVE BOOK THAT INVITES YOU TO EMBRACE THE BEAUTY AND BENEFITS OF SEASONAL HERBS WITH GUIDANCE FOR GROWING AND CARING FOR HERBS IN EVERY SEASON YOU LL LEARN TO HARNESS THEIR FULL POTENTIAL DELIGHT IN THE HERBAL SPOTLIGHTS SPECIFIC TO EACH SEASON SAVOR THE FLAVORS OF SEASONAL RECIPES AND CREATE STUNNING CRAFTS THAT CELEBRATE THE NATURAL WORLD FROM CULTIVATING YOUR OWN HERB GARDEN TO PRESERVING THEIR ESSENCE THIS BOOK EMPOWERS YOU TO INFUSE YOUR DAILY LIFE WITH THE MAGIC OF HERBS INSIDE YOU LL FIND HERBAL SPOTLIGHTS HIGHLIGHTING THE UNIQUE PROPERTIES OF SEASONAL HERBS RECIPES USING HERBS THAT SHOWCASE THEIR FLAVORS AND AROMAS FROM YOUR GARDEN TO YOUR CRAFT PROJECTS INSPIRED BY THE BEAUTY OF HERBS STEP BY STEP INSTRUCTIONS ON HOW TO PRESERVE HERBS AND THEIR BENEFITS IF YOU ENJOYED BOOKS ON HOW TO USE HERBS LIKE THE HERBAL MEDICINE MAKER S HANDBOOK THE HERBAL KITCHEN OR THE HEALING KITCHEN YOU LL LOVE SEASONAL LIVING WITH HERBS

THE SUPERFOOD ADVENTURE *2023-09-04*

ENTER A REALM OF ANCIENT HERBAL WISDOM WITH THE HERB GROWER S GRIMOIRE AND DISCOVER THE TRANSFORMATIVE POWER OF THE EARTH S MOST ENCHANTING PLANTS JOURNEY BACK IN TIME AS YOU EXPLORE THE MAGICAL VIRTUES OF THIRTY GARDEN HERBS IN A COLLECTION OF HERBAL LEGENDS CHARMS RECIPES AND HANDS ON GROWING ADVICE THIS BEAUTIFULLY ILLUSTRATED VOLUME REVEALS THE BOTANICAL MAGIC OF HERBS AND WILL ALLOW YOU TO DEEPEN YOUR CONNECTION WITH NATURE CURATED FROM VINTAGE HERBALS AND TRUSTED WRITINGS THE HERB GROWER S GRIMOIRE TRANSCENDS TIME BY BRINGING CENTURIES OF HERBAL KNOWLEDGE TO YOUR FINGERTIPS UNEARTHING WISDOM FROM THE ANCIENT WRITINGS OF PLINY THE ELDER AS WELL AS THE ESTEEMED WORKS OF JOHN GERARD AND NICHOLAS CULPEPER THIS ANTHOLOGY PROVIDES INSIGHT INTO THE RICH HISTORY OF HERBALIST PRACTICE THIS UNIQUE BOOK WILL ENCHANT AND INFORM SERVING AS BOTH A PRACTICAL GUIDE AND A DOORWAY TO THE WORLD OF HERBALISM

SEASONAL LIVING WITH HERBS 2024-05-18

THE YOGA OF CONSCIOUSNESS EXAMINES HOW OUR CONSCIOUSNESS IDENTITY AND PRANA CHANGE THROUGH WAKING DREAM AND DEEP SLEEP AND MORE IMPORTANTLY HOW WE CAN FOLLOW THIS PROCESS TO HIGHER LEVELS OF AWARENESS BEHIND THE ORDINARY HUMAN STATE THE BOOK PROPOSES SPECIFIC YOGIC INSIGHTS AND APPROACHES TO TAKE US BEYOND THESE THREE ORDINARY STATES TO THE TRANSCENDENT STATE OF PURE UNITY CONSCIOUSNESS BEYOND BOTH BODY AND MIND

THE HERB GROWER'S GRIMOIRE 2012-11-15

DESCRIPTION EXPLORE THE ENRICHING WORLD OF NATURAL HERBS AND THEIR PROFOUND HEALING POWERS WITH NATURAL HERBS AND REMEDIES ANCIENT WISDOM FOR MODERN HEALING THIS ENLIGHTENING BOOK OFFERS A COMPREHENSIVE GUIDE TO THE TRADITIONAL USES AND SOME SCIENCE BACKED BENEFITS OF VARIOUS HERBS UNCOVERING THEIR POTENTIAL TO ENHANCE HEALTH PREVENT ILLNESS AND PROMOTE OVERALL WELL BEING FROM THE SOOTHING EFFECTS OF CHAMOMILE TO THE INVIGORATING PROPERTIES OF GINSENG DECOCTIONS AROMATHERAPY HERBAL PILLOWS TEAS HERBAL TINCTURES AND MANY MORE EACH CHAPTER DELVES INTO DIFFERENT HERBS EXPLORING THEIR HISTORY HEALTH BENEFITS AND PRACTICAL APPLICATIONS WHETHER YOU RE A SEASONED HERBAL ENTHUSIAST OR A CURIOUS NEWCOMER THIS BOOK EQUIPS YOU WITH THE KNOWLEDGE TO HARNESS THE THERAPEUTIC POWER OF HERBS IN YOUR DAILY LIFE FEATURING EASY TO FOLLOW RECIPES EXPERT TIPS AND BEAUTIFUL ILLUSTRATIONS NATURAL HERBS AND REMEDIES IS MORE THAN JUST A BOOK IT S A GATEWAY TO A HEALTHIER MORE NATURAL WAY OF LIVING DISCOVER ANCIENT REMEDIES FOR MODERN AILMENTS AND TRANSFORM YOUR APPROACH TO HEALTH AND WELLNESS WITH THE TIMELESS WISDOM OF HERBS

THE YOGA OF CONSCIOUSNESS 2022-02-14

PASSIONS RUN HIGH IN THE WORLD OF PUBLISHING BUT THEY RARELY LEAD TO MURDER OR DO THEY GLORIA GRAINGER WEALTHY BESTSELLING NOVELIST IS FOUND DEAD IN HER ROOM ONE MORNING EVERYONE ASSUMES SHE DIED OF NATURAL CAUSES EXCEPT FOR WILLOW KING DESPITE CHIEF INSPECTOR TOM WORTH S MOCKERY OF HER SUSPICIONS WILLOW IS DETERMINED TO UNCOVER THE SINISTER TRUTH SHE FINDS HERSELF INVESTIGATING A PARTICULARLY NASTY MURDER CASE IN WHICH THERE SEEMS NO LIMIT TO THE AMOUNT OF EMOTIONAL DAMAGE PEOPLE CAN INFLICT UPON EACH OTHER THEN WILLOW HERSELF BECOMES A TARGET FOR THE SAME MURDEROUS HATRED THAT SURROUNDED GLORIA THIS SPARKLING WHODUNNIT EFFECTIVELY BLENDS MYSTERY SOPHISTICATED AND A DASH OF ROMANTIC MELODRAMA PUBLISHERS WEEKLY BLOODY ROSES WELL PLOTTED AND IMMENSE FUN TO READ THE TIMES POISON FLOWERS

NATURAL HERBS AND REMEDIES - ANCIENT WISDOM FOR MODERN HEALING 2019-08-27

THE CONTRIBUTIONS GATHERED TOGETHER IN THIS VOLUME ANALYSE THE LINK THAT HUMANKIND ESTABLISHES WITH NATURE EXAMINING THE WAY IN WHICH A DIALOGUE HAS BEEN INITIATED BETWEEN THESE TWO WORLDS AND HOW IT HAS EVOLVED FROM A GEOGRAPHICAL POINT OF VIEW THE TEXT TAKES THE READER TO AFRICA AMERICA ASIA AND EUROPE VIA BRAZIL CANADA CHINA ETHIOPIA FRANCE SOMALIA SWITZERLAND TIBET TUNISIA UKRAINE AND THE UNITED STATES PROVIDING A MEETING GROUND BETWEEN PLANTS AND HUMANITY IN DIFFERENT DIMENSIONS

BITTER HERBS 2013-02-06

COMPREHENSIVE BACKYARD FARMING GUIDE TO GROWING HERBS FOR ITS MANY DIFFERENT USES IN FOOD AND MEDICINE BACKYARD FARMING GROWING HERBS FOR FOOD AND MEDICINE IS YOUR ONE STOP GUIDE FOR GROWING AND UTILIZING HERBS IN YOUR LIFE INTENDED TO SERVE AS A COMPREHENSIVE PRIMER FOR FIRST TIME GARDENERS DETAILED ILLUSTRATIONS AND INFORMATIVE PHOTOGRAPHS HELP TO ELIMINATE CONFUSION AND EASE NEW HOMESTEADERS INTO THE WORLD OF BACKYARD FARMING GROWING HERBS FOR FOOD AND MEDICINE INCLUDES NOT ONLY INSTRUCTIONS ON PLANTING BUT GOES INTO DETAIL THE MANY DIFFERENT KINDS OF WAYS TO USE HERBS SUCH AS MARINADES AND GARNISHES FOR YOUR MEALS OR AS NATURAL REMEDIES AND MEDICINAL CURES FOR WHAT AILS YOU

HERBS AND THE EVOLUTION OF HUMAN SOCIETIES *2018-09-24*

MORE THAN 85 FAMILIAR AND EXOTIC PLANTS ARE ILLUSTRATED EXAMINED FOR LEGENDARY LORE AND CURRENT USE THE BOOK ALSO INCLUDES 73 RECIPES A SPICE CHART AND TIPS FOR GARDENING DRYING FREEZING AND MORE

BACKYARD FARMING: GROWING HERBS FOR FOOD AND MEDICINE *2004-03-23*

BURSTING WITH DEFINITIVE INFORMATION ON A RANGE OF HERBS A WOMAN'S BOOK OF HERBS IS AN EXTENSIVE GUIDE TO THEIR USE IN HEALING THE MIND BODY AND SPIRIT WHERE WHEN AND HOW TO COLLECT HERBS AND HOW TO DRY STORE AND PREPARE THEM HOW TO USE THEM THEIR PHYSICAL EMOTIONAL AND RITUAL USES THEIR MYTHOLOGICAL HISTORY AND ASTROLOGICAL SIGNIFICANCE THEIR MAIN CHEMICAL COMPONENTS RECIPES FOR FOOD DRINKS AND MEDICINES INFUSED WITH THE AUTHOR'S EMPOWERING HOLISTIC APPROACH TO HEALING AND HER KEEN SENSE OF IMPORTANCE FOR WOMEN OF HAVING UNDERSTANDING AND CONTROL OVER THE CAUSES OF ILL HEALTH AND THE VARIETY OF HEALING PROCESSES A WOMAN'S BOOK OF HERBS IS A UNIQUE AND INDISPENSABLE WORK THIS IS A REISSUE OF THE MUCH LOVED CLASSIC FIRST PUBLISHED IN 1992

SPICES AND HERBS *2024-02-06*

TOGETHER WITH ITS COMPANION VOLUME HANDBOOK OF HERBS AND SPICES VOLUME 2 PROVIDES A COMPREHENSIVE AND AUTHORITATIVE COVERAGE OF KEY HERBS AND SPICES CHAPTERS ON INDIVIDUAL PLANTS COVER SUCH ISSUES AS DESCRIPTION AND CLASSIFICATION PRODUCTION CHEMICAL STRUCTURE AND PROPERTIES POTENTIAL HEALTH BENEFITS USES IN FOOD PROCESSING AND QUALITY ISSUES AUTHORITATIVE COVERAGE OF MORE THAN 50 MAJOR HERBS AND SPICES PROVIDES DETAILED INFORMATION ON CHEMICAL STRUCTURE CULTIVATION AND DEFINITION INCORPORATES SAFETY ISSUES PRODUCTION MAIN USES HEALTH ISSUES AND REGULATIONS

A WOMAN'S BOOK OF HERBS *2012-06-28*

THE COMPLETE LANGUAGE OF HERBS IS A COMPREHENSIVE AND DEFINITIVE DICTIONARY REFERENCE PRESENTING THE HISTORY SYMBOLIC MEANING AND VISUAL DEPICTION OF OVER 500 HERBS AND SPICES FROM AROUND THE WORLD IN ONE VOLUME NOW IN A POCKET SIZE EDITION FOR EASY ON THE GO REFERENCE

HANDBOOK OF HERBS AND SPICES *2009-06-30*

ENHANCE AND ENRICH YOUR SPIRITUAL JOURNEY WITH THE POWER OF HERBS HERBS HAVE BEEN ESSENTIAL TO SPIRITUAL BELIEFS AND PRACTICES THROUGHOUT TIME AND HISTORY FROM CHRISTIAN SCRIPTURE TO HINDU OBSERVANCES JEWISH RITUAL TO EARLY ISLAMIC LITERATURE NATIVE AMERICAN TRADITIONS TO BUDDHIST SYMBOLISM PLANTS ARE SEEN AS A BLESSING FROM GOD AND A WAY TO REMAIN IN HARMONY WITH SPIRIT IN THIS FUN INFORMATIVE AND ENGAGING GUIDE YOU WILL BE DELIGHTED BY THE HISTORY OF THE RELIGIOUS AND SPIRITUAL USE OF HERBS IN MANY FAITH TRADITIONS AND INSPIRED BY CREATIVE IDEAS ON HOW TO USE HERBS FOR SPIRITUAL GROWTH UNIQUE AND SOUL STRENGTHENING ACTIVITIES CAN TEACH YOU HOW TO CREATE HERBAL ART INSPIRED BY YOUR FAITH CRAFT HERBAL WREATHS PILLOWS AND SOAPS FROM HERBS SELECTED FOR THEIR SPIRITUAL QUALITIES PREPARE HERBAL TEAS INFUSED OILS MEALS AND CONDIMENTS WITH HERBS CHOSEN FOR THEIR ABILITY TO NURTURE STRENGTHEN AND HEAL MAKE CANDLES INFUSED WITH HERBS THAT PROMOTE BALANCE AND CENTERING NOURISH THE SOUL WITH HERBAL SACHETS AND POTPOURRI USE INCENSE AND SMUDGE STICKS TO IMBUE CLARITY AND PURITY DESIGN A SIMPLE HERB GARDEN OF PLANTS CHOSEN FROM AMONG DIFFERENT SPIRITUAL TRADITIONS CONSTRUCT SPACES IN WHICH TO USE HERBS FOR REFLECTION AND MEDITATION

THE COMPLETE LANGUAGE OF HERBS *2024-04-02*

WHEN DID THE WEST DISCOVER CHINESE HEALING TRADITIONS MOST PEOPLE MIGHT POINT TO THE REDISCOVERY OF CHINESE ACUPUNCTURE IN THE 1970S IN NEEDLES HERBS GODS AND GHOSTS LINDA BARNES LEADS US BACK INSTEAD TO THE THIRTEENTH CENTURY TO UNCOVER THE STORY OF THE WEST'S EARLIEST KNOWN ENCOUNTERS WITH CHINESE UNDERSTANDINGS OF ILLNESS AND HEALING A MEDICAL ANTHROPOLOGIST WITH A DEGREE IN COMPARATIVE RELIGION BARNES ILLUMINATES THE WAY CONSTRUCTIONS OF MEDICINE RELIGION RACE AND THE BODY INFORMED WESTERNERS UNDERSTANDING OF THE CHINESE AND THEIR HEALING TRADITIONS

EVERYDAY HERBS IN SPIRITUAL LIFE 1974-01-01

GROWING HERBS FOR HEALTH WELLNESS COOKING AND CRAFTS PROVIDES EVERYTHING YOU NEED TO KNOW TO START YOUR OWN HERB GARDEN TODAY FROM SOIL PREPARATION LIGHTING HOW OFTEN TO WATER PESTS AND DISEASE PREVENTION IMPORTANT THINGS TO KNOW WHEN PLANTING INDOORS VERSUS OUTDOORS EXPERT GARDENER AND AUTHOR KIM ROMAN SHARES INVALUABLE TIPS TO PRODUCING HIGH YIELD QUALITY HERBS KIM ALSO SHARES QUICK REFERENCE CHARTS AND PLANT PROFILES FOR 36 OF TODAY S MOST POPULAR HERBS IN ADDITION TO A FEW OF HER FAVORITE RECIPES WHERE HERBS ARE THE STAR INGREDIENT INCLUDING MARINADES SALAD VINAIGRETTES INFUSED OILS DELICIOUS COCKTAILS OR MOCKTAILS HERBED AND PLAIN FOCACCIA BREAD TEAS AND MORE YOU CAN ENHANCE YOUR CRAFTING PROJECTS BY ADDING HERBS AS WELL HERBS INCLUDE ECHINACEA ST JOHN S WORT TURMERIC ELDERBERRY GINGER CHAMOMILE TULSI ANISE HYSSOP AND SO MUCH MORE

NEEDLES, HERBS, GODS, AND GHOSTS 1989-01-01

A SELECTION OF 61 OF THE FINEST ARTICLES FROM THE HERBALIST TASTES IN TEA SPICE CARAVANS THE SIGNIFICANCE OF BOTANICAL PESTICIDES AND MANY MORE PERSONAL ACCOUNTS DESCRIBE EVERY ASPECT OF HISTORY CULTIVATION AND ENJOYMENT OF HERBS

GROWING HERBS FOR HEALTH, WELLNESS, COOKING, AND CRAFTS 2012-04-30

FACT FILLED ENTERTAINING GUIDE TELLS HOW TO PREPARE AND USE HUNDREDS OF SEASONINGS APPROXIMATELY 300 MOUTH WATERING RECIPES FROM MARINATED LAMB TO SPICE CAKE

HERBS FOR USE AND FOR DELIGHT 2007-12-04

WILL DELIGHT BOTH THE GARDENER AND THE COOK LIBRARY JOURNAL A WONDERFUL COMPENDIUM FOR ANYONE WHO WANTS TO CULTIVATE THEM OR COOK WITH THEM AS SO WRITTEN AS TO DEFINITELY STIMULATE THE INTEREST OF THE PASSING PAGE FLIPPER KIRKUS REVIEW OVER THE YEARS AS TASTES HAVE CHANGED AND FADS HAVE COME AND GONE THE GENTLE ART OF THE HERBALIST HAS REMAINED A CONSTANT YEAR ROUND SOURCE OF JOY FOR AN INCREDIBLE ARRAY OF CONNOISSEURS FROM PROFESSIONAL HORTICULTURISTS AND ACCOMPLISHED GOURMETS TO ENTHUSIASTIC SUBURBAN GARDENERS AND CITY DWELLING NATURALISTS THIS VERSATILE HANDY REFERENCE PROVIDES THESE THOUSANDS OF AMATEUR AND PROFESSIONAL HERBALISTS WITH THE MOST COMPACT AND COMPLETE HANDBOOK ON CULINARY HERBS AND SPICES POSSIBLE HERE IN A THOROUGHLY DELIGHTFUL LABOR OF LOVE ARE DETAILED INSTRUCTIONS ON HOW TO PLANT TRANSPLANT CULTIVATE HARVEST USE AND PRESERVE VIRTUALLY EVERY HERB AND SPICE AVAILABLE IN NORTH AMERICA TODAY MS MILORADOVICH TAKES US STEP BY STEP THROUGH THE VARIOUS STAGES OF HERBAL DEVELOPMENT FROM PREPARING SEEDLINGS FOR EARLY TRANSPLANTING TO DRYING CUTTING AND QUICK FREEZING FRAGRANT HERBS FOR POTPOURRI MEDICINAL LOTIONS POMANDERS AND EVEN MOTH PREVENTIVES HUNDREDS OF HERBS AND SPICES ARE INCLUDED EACH INTRODUCED WITH A FASCINATING ANECDOTE DETAILING ITS HISTORICAL BACKGROUND AND LEGENDS DISCOVER THE POWER OF CINNAMON ONE OF THE OLDEST SPICES KNOWN TO HUMANITY USED AS A LOVE POTION BY THE ROMANS AND A RELIGIOUS INCENSE BY THE HEBREWS AND ANCIENT EGYPTIANS FIND OUT WHY ITALIANS STILL USE BASIL AS A TOKEN OF LOVE AND HINDUS STILL CONSIDER IT A SACRED SYMBOL OF REVERENCE FOR THE DEAD MS MILORADOVICH HAS FOUND AN INTRIGUING TALE FOR EACH OF THE HUNDREDS OF HERBS AND SPICES SHE DISCUSSES FROM BITTER UNBLANCHED CELERY TO DELICIOUS ROOTS OF LOVE PARSLEY WHETHER YOU D LIKE TO GROW PERENNIALS BIENNIALS OR ANNUALS IN YOUR APARTMENT WINDOW BOX OR YOU NEED A CONVENIENT GUIDE FOR PRESERVING RARE HERBS OR YOU JUST WANT TO KNOW MORE ABOUT THE ROMANTIC HISTORIES MYSTERIOUS POWERS AND LEGENDS BEHIND YOUR FAVORITE SPICES AND FRAGRANCES YOU LL FIND THIS ENGAGING BOOK A STIMULATING SOURCE SURE TO LEAD TO MORE AND MORE ADVENTURES GROWING AND ENJOYING HERBS AND SPICES

COOKING WITH HERBS AND SPICES 2013-03-22

ZEST IT UP USING SPICES AND HERBS THE KEY TO ANY DELICIOUS MEAL CAN BE DAUNTING WITH SO MANY TO CHOOSE FROM NOT TO MENTION THE MANY POSSIBLE COMBINATIONS IN THIS BOOK MASTER CHEF AND BAKER LESLIE BILDERBACK UNLOCKS THE KEY TO THE DAZZLING WORLD OF FLAVOR BY SHOWING COOKS OF EVERY LEVEL HOW TO USE AND COMBINE THE MOST POPULAR SPICES AND HERBS SHE ALSO PROVIDES DELICIOUS RECIPES FUN FACTS TIPS ON STORAGE AND A RESOURCE GUIDE ON WHERE TO GET HARD TO FIND SPICES AND HERBS IN THIS COMPLETE IDIOT S GUIDE YOU GET CONCISE INFORMATION ON THE FLAVOR USES AND AVAILABILITY OF NEARLY 250 POPULAR SPICES AND HERBS A RED HOT LOOK AT COMMONLY USED FRESH AND DIED CHILI PEPPERS A HELPFUL GUIDE TO COMBINATION SPICES LIKE JAMAICAN JERK AND VINDALOO CURRY DOZENS OF DELICIOUS RECIPES FEATURING A VERITY OF HERBS AND SPICES

GROWING AND USING HERBS AND SPICES *2006-03-30*

KEITH STEWART COVERS EVERYTHING YOU NEED TO KNOW TO SUCCESSFULLY GROW AND MARKET YOUR OWN ORGANIC VEGETABLES AND HERBS OFFERING EXPERT TIPS ON CHOOSING A GROWING SITE SOIL FERTILITY COMPANION PLANTING IRRIGATION ORGANIC FARMING TECHNIQUES DEALING WITH PESTS AND HARVESTING STEWART ALSO HELPS YOU DESIGN A BUSINESS PLAN MANAGE EMPLOYEES AND FIND NICHE MARKETS FOR YOUR PRODUCE

THE COMPLETE IDIOT'S GUIDE TO SPICES AND HERBS *2022-07-28*

HEALING WITH HERBS AND RITUALS IS AN HERBAL REMEDY BASED UNDERSTANDING OF CURANDERISMO AND THE PRACTICE OF YERBERAS OR HERBALISTS AS FOUND IN THE AMERICAN SOUTHWEST AND NORTHERN MEXICO PART ONE FOLK HEALERS AND FOLK HEALING FOCUSES ON INDIVIDUAL HEALERS AND THEIR PROCEDURES PART TWO GREEN MEDICINE TRADITIONAL MEXICAN AMERICAN HERBS AND REMEDIES DETAILS TRADITIONAL MEXICAN AMERICAN HERBS AND CURES THESE REMEDIES ARE THE PRODUCT OF CENTURIES OF EXPERIENCE IN MEXICO HEAVILY INFLUENCED BY THE MOORS JUDEO CHRISTIANS AND AZTECS AND INCLUDE EVERYDAY ITEMS SUCH AS LEMON EGG FIRE AROMATIC OIL AND PREPARED WATER SYMBOLIC OBJECTS SUCH AS KEYS CANDLES BROOMS AND TROUBLE DOLLS ARE ALSO USED DEDICATED IN PART TO CURANDEROS THROUGHOUT MEXICO AND THE AMERICAN SOUTHWEST HEALING WITH HERBS AND RITUALS SHOWS US THESE PRACTITIONERS ARE HUMBLE SINCERE PEOPLE WHO HAVE GIVEN THEMSELVES TO IMPROVING LIVES FOR MANY DECADES TODAY S HOLISTIC HEALTH MOVEMENT HAS REDISCOVERED THE TIMELESS MERITS OF THE CURANDEROS USES OF MEDICINAL PLANTS RITUALS AND PRACTICAL ADVICE

STOREY'S GUIDE TO GROWING ORGANIC VEGETABLES & HERBS FOR MARKET *1998-01-15*

FOOD HISTORIAN EMMA KAY TELLS THE STORY OF OUR CENTURIES OLD RELATIONSHIP WITH HERBS FROM HERBALISTS OF OLD TO CONTEMPORARY COOKING THIS BOOK REVEALS THE MAGICAL AND MEDICINAL PROPERTIES OF YOUR FAVOURITE PLANTS IN COLORFUL COMPELLING DETAIL AT ONE TIME EVERY VILLAGE IN BRITAIN HAD A HERBALIST A HISTORY OF HERBALISM INVESTIGATES THE LIVES OF WOMEN AND MEN WHO USED HERBS TO ADMINISTER TREATMENT AND KNEW THE BENEFIT OF EACH MEET DR RICHARD SHEPHARD OF PRESTON WHO CULTIVATED ANGELICA ON HIS ESTATE IN THE EIGHTEENTH CENTURY FOR THE SICK AND INJURED OR NICHOLAS CULPEPER A BOTANIST WHO CATALOGUED THE PHARMACEUTICAL BENEFITS OF HERBS FOR EARLY LITERARY SOCIETY BUT HERBS WERE NOT ONLY MEDICINAL COUNTLESS CULTURES AND BELIEFS AS FAR BACK AS PREHISTORIC TIMES INCORPORATED HERBS INTO THEIR PRACTICES PAGANISM WITCHCRAFT RELIGION AND EVEN ASTROLOGY TAKE A WALK THROUGH A MEDIEVAL PHYSICK GARDEN OR EARLY BRITAIN AND LEARN THE ANCIENT RITUALS TO FEND OFF EVIL POWERS PROTECT OR BEWITCH OR EVEN ATTRACT A LOVER THE WAKE OF MODERN MEDICINE SAW A SHIFT AWAY FROM HERBAL TREATMENTS WITH RITUALS AND SPELLS SHROUDED WITH SUPERSTITION AS THE YEARS WORE ON THE AUTHOR REVEALS HOW HERBS BECAME MORE CULINARY RATHER THAN MEDICINAL INCLUDING ACCOUNTS OF RECENT TRENDS FOR HERBAL REMEDIES AS LOCKDOWN AND THE PANDEMIC LEADS US TO FOCUS MORE ON OUR HEALTH AND WELLBEING

HEALING WITH HERBS AND RITUALS *2024-04-11*

PROVIDES INFORMATION ON THE HISTORY USES RANGE AND CHARACTERISTICS OF MORE THAN ONE HUNDRED HERBS AND OFFERS TIPS ON GROWING THEM

A HISTORY OF HERBALISM *2006-03*

DIVE INTO THE TIMELESS WISDOM OF NATURAL REMEDIES WITH NATURE S CURE YOUR COMPREHENSIVE GUIDE TO THE ART AND SCIENCE OF HERBAL HEALING THIS ENLIGHTENING EBOOK UNFOLDS THE WORLD OF PLANTS AS POTENT ALLIES ON YOUR JOURNEY TO WELLNESS OFFERING A DEPTH OF KNOWLEDGE THAT GRACEFULLY BRIDGES THE REALMS OF THE HOME GARDEN THE KITCHEN APOTHECARY AND BEYOND AS YOU EMBARK ON A PATH TO EMBRACING NATURAL HEALING PRACTICES NATURE S CURE IS BY YOUR SIDE ILLUMINATING THE PHILOSOPHY OF SELF HEALING AND HOW YOU CAN MINDFULLY COMPLEMENT CONVENTIONAL MEDICINE WITH THE GIFTS OF MOTHER NATURE LEARN THE VALUE OF SETTING INTENTIONS AND CULTIVATING A SPACE FOR HEALTH AND WELLNESS THAT IS UNIQUELY YOURS DELVE INTO THE RICH HISTORY AND FOUNDATIONAL KNOWLEDGE OF HERBAL MEDICINE UNEARTH THE SECRETS OF PLANT SYNERGY AND DISCOVER THE IMPORTANCE OF ETHICAL HARVESTING AND SUSTAINABILITY WITH A RESPONSIBLE LENS TOWARD THE FUTURE OF OUR PLANET TURN THE SOIL OF POTENTIAL AS YOU TRANSFORM YOUR OWN GARDEN INTO A HAVEN FOR MEDICINAL PLANTS CULTIVATE HEALING SPACES THAT NOT ONLY NURTURE YOUR BODY BUT ALSO SOOTHE YOUR SOUL YOUR VERY OWN HERBAL APOTHECARY IS WAITING TO BE CREATED COMPLETE WITH ESSENTIAL HERBS AND THEIR FASCINATING PROPERTIES WHETHER BLENDING TEAS TINCTURES INFUSIONS OR CRAFTING SALVES AND OILS YOU LL GAIN MASTERY OVER PREPARING AND UTILIZING NATURE S REMEDIES TACKLE COMMON AILMENTS WITH TARGETED HERBAL SOLUTIONS NURTURING DIGESTIVE WELLNESS RESPIRATORY HEALTH AND PROVIDING LOVING CARE FOR YOUR SKIN EXPLORE CHAPTERS DEDICATED TO THE IMMUNE SYSTEM S FORTIFICATION ADDRESSING STRESS AND ANXIETY PAIN MANAGEMENT AND HARMONIZING HERBAL NUTRITION WITH DAILY MEALS NATURE S CURE IS A TRUSTED COMPANION FOR EVERY LIFE STAGE FROM THE VIBRANT TEACHINGS OF PEDIATRIC HERBAL CARE TO THE WISDOM REQUIRED FOR

SUPPORTING LONGEVITY IN OLDER AGE THIS EBOOK IS A TREASURE TROVE FOR BOTH THE SEASONED HERBALIST AND THOSE NEWLY SEEKING A MORE NATURAL WAY TO THRIVE ALIGN YOUR HABITS WITH THE RHYTHMS OF NATURE BY LEARNING HOW HERBS CAN MARK THE CHANGE OF SEASONS STEP CONFIDENTLY INTO THE FUTURE OF HERBAL MEDICINE ENRICHED BY A GLOBAL COMMUNITY THAT SHARES YOUR PASSION FOR NATURAL HEALTH COMMENCE YOUR HERBAL LEGACY AND BECOME A BEACON OF KNOWLEDGE AND TRADITION FOR GENERATIONS TO COME NATURE S CURE ISN T MERELY A BOOK IT S AN HEIRLOOM TO BE CHERISHED AND CONSULTED TIME AND AGAIN AS IT PUTS THE POWER OF HEALING INTO YOUR HANDS UNLOCK THE FULL POTENTIAL OF HERBALISM AND TRANSFORM YOUR LIFE WITH NATURE S CURE A MORE VIBRANT NATURAL AND CONNECTED EXISTENCE AWAITS

RODALE'S ILLUSTRATED ENCYCLOPEDIA OF HERBS 1992-12-01

INTEGRATIVE CARDIOLOGY MIRACLES IN THE MIDS ATP THE MIRACLE OF LIFE THE SPARK OF LIFE COENZYME Q 10 L CARNITINE THE ENERGY SHUTTLE D RIBOSE THE SUGAR OF LIFE THE MISSING LINK MAGNESIUM THE UNSUNG HERO THE SINATRA SOLUTION FOR STRENGTHENING THE HEART

NATURE'S CURE 1976

FIRST PUBLISHED IN 1950 BETTER A DINNER OF HERBS IS A COMPELLINGLY DRAMATIC TALE OF TWISTED OFTEN VIOLENT HUMAN RELATIONSHIPS TAKING ITS TITLE FROM A BIBLICAL PASSAGE DEALING WITH THE POWER OF LOVE AND HATE WITHIN A HOUSEHOLD THE NOVEL COUNTERBALANCES ITS GRIM NARRATIVE WITH A POETIC PROSE THAT EVOKES A REVERENCE FOR THE RHYTHM OF THE SEASONS AND THE CONTINUITY OF LIFE BYRON HERBERT REECE SITUATES THE STORY IN THE ISOLATED HILLS OF THE AGRARIAN SOUTH WHERE HE SPENT MOST OF HIS LIFE BUT IT COULD HAVE OCCURRED IN ANY RURAL SETTING AT ANY TIME AN UNMARRIED GIRL DIES IN CHILDBIRTH HER BROTHER SWEARING REVENGE ON THE FATHER OF THE CHILD SELLS THE FAMILY FARM AND TURNS TOWARD THE OPEN WORLD WITH HIS NEPHEW IN SEARCH OF A WIFE AND A DIFFERENT LIVELIHOOD HE CHANCES TO ENCOUNTER HIS ENEMY AN INTENTIONAL ACT OF BRUTALITY SYMBOLIZES AN END TO HIS PASSION AND SUMMONS HIM AGAIN AWAY FROM ALL THAT HE CHERISHES BORN AT THE FOOT OF BLOOD MOUNTAIN IN NORTH GEORGIA AND REARED IN THE ISOLATED MOUNTAIN AREA NEAR BLAIRSVILLE BYRON HERBERT REECE 1917 1958 WAS THE AUTHOR OF FOUR VOLUMES OF POETRY AND TWO NOVELS THAT ARE TIED DEEPLY TO THE SPIRIT AND TRADITIONS OF APPALACHIA JOURNALIST BILL SHIPP HAS CALLED REECE PERHAPS THE GREATEST BALLADEER OF THE APPALACHIANS HIS FIRST VOLUME OF POEMS WAS PUBLISHED IN 1945 TO WIDE CRITICAL ACCLAIM AND THE PUBLICATION OF HIS REMAINING WORK BROUGHT HIM RECOGNITION FAR BEYOND NORTH GEORGIA

USER'S GUIDE TO THE TOP 10 NATURAL THERAPIES

STEP BY STEP INSTRUCTIONS ON HERB GARDENING RECIPES A HOW TO LIST OF 50 USEFUL HERBS AND SUMMARIES OF OVER 230 NATIVE HERBS

BETTER A DINNER OF HERBS

A HERITAGE OF HERBS

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