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The Complete Guide to Coaching at Work The Complete Guide to Coaching at Work How Coaching Works The Coaching Manual The Leader's Guide to Coaching & Mentoring The Complete Idiot's Guide to Coaching for Excellence The Essential Guide to Coaching and Mentoring The Leader's Guide to Coaching and Mentoring Becoming a Coach Mentor Coaching: A Practical Guide The Leader's Guide to Coaching in Schools Coach 2 the Bottom Line An Introduction to Coaching Skills The Coaching Manual The Ultimate Coaching Guide HBR Guide to Coaching Employees (HBR Guide Series) The Ultimate Coaching Guide Handbook of Coaching Psychology The Coaches' Handbook The Leader's Guide to Coaching in Schools Manager's Guide to Effective Coaching, Second Edition GUIDE Coaching The Complete Guide to Coaching Soccer Systems and Tactics The Coaching Process The CCL Handbook of Coaching Professional Coaching Competencies The Coach U Personal Development Workbook and Guide Mastering The Art of Team Coaching Coaching with Colleagues The Greatest Guide to Life Coaching A Guide to Coaching and Mental Health A Manager's Guide to Coaching Performance Coaching FT Guide to Business Coaching ePub eBook Performance Coaching How to Get the Most Out of Coaching The Leader's Guide to Coaching and Mentoring A Practical Guide to Mentoring, Coaching and Peer-networking Team Advantage, Team Leader's Field Guide The Coach's Guide for Women Professors

The Complete Guide to Coaching at Work

2000

imprint this text should be useful for people who are interested in becoming coaches and those already practising assuming no previous knowledge or training in this area it explains the differences from other related occupations that are often associated with coaching such as consulting and mentoring

The Complete Guide to Coaching at Work

2009-01-01

coaching is very big business over the last decade it has become one of the most popular approaches to personal and business development coaching books tend to focus on just one method and just one of five main areas executive coaching for senior business people business coaching for companies to improve results life coaching for people who want a better sense of fulfilment and wellbeing sports coaching for individual athletes team coaching for teams in sport or business pragmatic and informative how coaching works is the first to explain the key concepts that underpin all of these different areas it also explores how different ideas have blended to give rise to what we know as coaching today and singles out what works the authors are two of the world s leading experts in this field in how coaching works they have created a must have book for practising coaches students and anyone interested in the subject

How Coaching Works

2016-02-10

translated around the world and recommended reading on many coaching programmes this bestselling book is trusted globally as the definitive guide to coaching this carefully revised edition will guide you through the entire process from first meeting to when coaching ends with methods tips and techniques that simply work understand and develop the core skills and beliefs of an effective coach know how to ask insightful questions that deliver valuable answers gain practical help to plan coaching assignments that accelerate and improve your results adeptly handle the main barriers to great coaching feel fully confident in your ability to coach in any situation whether you re new to coaching or already an experienced coach you ll find clear guidance and principles to help you coach more effectively and with greater impact to support you further the coaching manual has a range of free to download resources templates tools and checklists available now at starrconsulting co uk full of important information that all coaches just need to know i would absolutely recommend this book to any coach neophyte or experienced cherie carter scott ph d mcc author of if life is a game these are the rules transformational life

coaching and 15 other titles the definitive resource for aspiring as well as seasoned coaches no one has brought to life the nuts and bolts better than julie starr marshall goldsmith 1 new york times bestselling author of triggers mojo and what got you here won't get you there

The Coaching Manual

2015-09-08

the leader's guide to coaching mentoring is a highly practical handbook that helps managers get the most out of their people it includes grounded advice on the practicalities of both coaching and mentoring such as how to structure a session as well as core content on the skills required for coaching and mentoring including listening questioning observing body language challenging and affirming the established processes for coaching and mentoring such as grow relational coaching reverse mentoring and solution focused coaching the scenarios in which coaching and mentoring skills are particularly appropriate for example coaching under performers coaching star performers and coaching for career development there is also a handy section on the 10 pitfalls to avoid when coaching or mentoring written in the no nonsense and engaging style of the other leader's guide books this is the best tool on the market for managers wanting to coach their people to optimum performance in this hands on book mike and fiona highlight the real difference between conventional management and effective leadership management is a profession while coaching is much wider it encourages social interaction and a focus on human relationships at work that's what new generations expect and respect laurent choain chief people communication officer mazars group it's not always easy for managers to recognise what real coaching is let alone its value this book makes a compelling case for the manager as coach and contains real usable examples of how to go about it ian johnston chief executive dubai financial services authority

The Leader's Guide to Coaching & Mentoring

2008-10-07

the last word in one on one coaching for productivity in business the most effective way for companies to achieve goals is by energizing their most important asset their staff from the executive suite to the assembly line each staff person is a member of a team however keeping that team motivated is no easy task until now with this powerful model of coaching outlined by a master coach in any workplace large or small this program motivates for power growth and success expert author and master coach covers individual coaching methods for everything from the smallest businesses to the biggest corporations to faith based organizations and churches applies the lifecoach phenomenon to the workplace includes a list of coaching resources

The Complete Idiot's Guide to Coaching for Excellence

2010

translating current thinking and debate into accessible classroom strategies the essential guides series will help any teacher successfully navigate the challenges of the profession each book adopts a hands on practical approach that cuts through theory and provides constructive tips ideas and inspiration that you will find invaluable written by skilled and qualified teaching professionals the essential guides are the key resource that no teacher should be without judith tolhurst has written a highly practical and supportive guide to coaching for the full range of educational professionals in schools she provides detailed realistic and helpful examples of effective practice clear and authoritative guidance and very useful and engaging case studies coaching is a proven high impact strategy to enable change and effective learning this guide is a powerful resource to support its widespread and successful application this is the most practical coaching and mentoring book i have read it stands out simply because it is built on solid academic foundations yet remains focused on the needs of busy professionals in realistic school contexts an excellent read which has reignited my interest in coaching and mentoring

The Essential Guide to Coaching and Mentoring

2015-08-17

authored by masters in the field of coaching this book is designed as a course textbook for those studying coaching in general but with a specific reference to the updated competences introduced by the international coaching federation in 2020 it focuses on core coaching skills knowledge and developing self awareness this is a definitive text for coach training and go to guide for those undertaking icf accredited programs throughout the world this book helps readers equip themselves with the skills and knowledge needed to develop as a professional coach it encourages readers to reflect on who they are what they can do and how they can enhance their skills by drawing on the gold standard for coach training and the latest coaching research this book ensures that a trainer s practice is well informed by evidence and is up to the highest professional standards

The Leader's Guide to Coaching and Mentoring

2020-11-23

this practical guide argues that both mentor coaching and supervision be mandated by the professional coaching bodies as part of coaches continuous professional development mentor coaching is not just for those coaches seeking a credential it is for lifelong professional development for every coach at every level of the profession you are the best coaching tool there is

tools need to be oiled sharpened repaired and protected to keep them in tip top condition that's what mentor coaching and supervision do they keep coaches sharp and fit for purpose the reader will learn how to develop as a coach using mentor coaching as well as how to develop as a mentor coach to support other coaches to develop clare norman explains what mentor coaching is why it is so important and the competencies for mentor coaching how coaches show up in the room is more important than how much we know about the theory behind coaching clare norman's concise book is important reading for all practising coaches as well as coaches and mentor coaches in training

Becoming a Coach

2020-03-26

grow your leadership skills to bring out the best in your school help your staff get unstuck no matter what challenges they are facing through solutions focused coaching techniques that help them envision desired outcomes and the actions needed to achieve them through video examples and tools this step by step guide shows you how to introduce a coaching approach into a wide range of conversational contexts use the growth coaching conversation framework to improve both staff and student success and well being use coaching approaches in areas that school leaders typically find challenging in formal performance reviews when giving informal feedback and when working with teams

Mentor Coaching: A Practical Guide

2017-07-14

the primary aim or purpose of this book is providing a methodology for creating a coachsystem cs in an organization this book is also not necessarily a skills and practices book there are many great coaching skills and practices books available for developing coaching ksa s but hardly anything on what coaching can do for and to organizations this book also provides a method to take coaching to the line the bottom line in organizations all the way to the customer interface it provides a simple yet effective model of coaching that anyone can learn in a few minutes and then proceed down a path of mastery over time to creating organizational effectiveness clearly this book lays out for you a coaching methodology you can teach to your line managers or use with your customer service department even your kids it helps you build a coachsystem integrating coaching into your organization at every level the book is about creating outcomes for the individual and the organization that lead to well being purpose competence and awareness it is based on proven methods of improving performance creating generative rather than destructive change and facilitating individual and organizational transformation

The Leader's Guide to Coaching in Schools

1999

this bestselling book introduces you step by step to the key skills needed to become a successful coach

Coach 2 the Bottom Line

2020-08-24

translated around the world and recommended reading on many coaching programmes this bestselling book is trusted globally as the definitive guide to coaching this carefully revised edition will guide you through the entire process from first meeting to when coaching ends with methods tips and techniques that simply work understand and develop the core skills and beliefs of an effective coach know how to ask insightful questions that deliver valuable answers gain practical help to plan coaching assignments that accelerate and improve your results adeptly handle the main barriers to great coaching feel fully confident in your ability to coach in any situation whether you re new to coaching or already an experienced coach you ll find clear guidance and principles to help you coach more effectively and with greater impact to support you further the coaching manual has a range of free to download resources templates tools and checklists

An Introduction to Coaching Skills

2021-10-05

truly the ultimate guide for a coach this book is a must read for all coaches whether they are starting out or are well entrenched with all my years in coaching i still discovered new insights michael beale nlp coach and trainer coaching can be transformational or simply transactional if you truly want to transform lives then this book is a must read coaching is far more than a job it is a mission transformational coaches focus on their self development as much as they do on the development of their clients all coaches need to be aware of the different coaching frameworks paradigms and tools used by master coaches world over in five straightforward sections this book guides you through the steps you need to achieve optimal success as a coach section i the abcs of coaching section ii coaching frameworks models and tools section iii case studies section iv the business of coaching section v resources it is an extensively researched overview of the latest developments in neuroscience emotional intelligence and positive psychology among many coaching frameworks if you are new to coaching you will find out how to start your coaching business if you are a seasoned professional you will learn how to strengthen your practice this book also offers coaching insights in the post pandemic era

The Coaching Manual

2020-11-24

truly the ultimate guide for a coach this book is a must read for all coaches whether they are starting out or are well entrenched with all my years in coaching i still discovered new insights michael beale nlp coach and trainer coaching can be transformational or simply transactional if you truly want to transform lives then this book is a must read coaching is far more than a job it is a mission transformational coaches focus on their self development as much as they do on the development of their clients all coaches need to be aware of the different coaching frameworks paradigms and tools used by master coaches world over in five straightforward sections this book guides you through the steps you need to achieve optimal success as a coach section i the abcs of coaching section ii coaching frameworks models and tools section iii case studies section iv the business of coaching section v resources it is an extensively researched overview of the latest developments in neuroscience emotional intelligence and positive psychology among many coaching frameworks if you are new to coaching you will find out how to start your coaching business if you are a seasoned professional you will learn how to strengthen your practice this book also offers coaching insights in the post pandemic era

The Ultimate Coaching Guide

2014-12-09

the handbook of coaching psychology a guide for practitioners provides a clear and extensive guide to the theory research and practice of coaching psychology in this new and expanded edition an international selection of leading coaching psychologists and coaches outlines recent developments from a broad spectrum of areas part one examines perspectives and research in coaching psychology looking at both the past and the present as well as assessing future directions part two presents a range of approaches to coaching psychology including behavioural and cognitive behavioural humanistic existential being focused constructive and systemic approaches part three covers application context and sustainability focusing on themes including individual transitions in life and work and complexity and system level interventions finally part four explores a range of topics within the professional and ethical practice of coaching psychology the book also includes several appendices outlining the key professional bodies publications research centres and societies in coaching psychology making this an indispensable resource unique in its scope this key text will be essential reading for coaching psychologists and coaches academics and students of coaching psychology coaching and mentoring and business psychology it will be an important text for anyone seeking to understand the psychology underpinning their coaching practice including human resource learning and development and management professionals and executives in a coaching role

HBR Guide to Coaching Employees (HBR Guide Series)

2020-11-29

this comprehensive practitioner guide provides an accessible evidenced based approach aimed at those new to coaching and who may be undertaking coach training for a certificate in coaching or professional credentials or accreditation with the acicf emcc cmi or ilm the book will also be useful for those who want to enhance their coaching skills the coaches handbook is edited by jonathan passmore an internationally respected expert and executive coach with chapters from leading coaching practitioners from across the world the book is divided into seven sections section one examines the nature of coaching its boundaries the business case for coaching and how organisations can build a coaching culture section two focuses on deepening our self understanding and understanding our clients the non violent communications mindset and the coaching relationship section three focuses on the key skills needed for coaching including goal setting powerful questions active listening using direct communications and the role of silence emotions and challenge in coaching section four offers a range of coaching approaches including behavioural person centred solution focused psychodynamic neuroscience narrative positive psychology out door eco coaching team coaching careers coaching and integrated coaching section five focuses on fundamental issues in coaching such as ethics and contracting and evaluation section six explores continuous professional development reflection and the role of supervision as well as how to establish your coaching business the final section contains a host of coaching tools which practitioners can use to broaden their practice unique in its scope this key text will be essential reading for coaches academics and students of coaching it is an important text for anyone seeking to understand the best practice approaches that can be applied to their coaching practice including human resources learning and development and management professionals and executives in a coaching role

The Ultimate Coaching Guide

2018-11-16

grow your leadership skills to bring out the best in your school hallways parking lots staff rooms these are all places where you and your staff have conversations every day what if you could use these opportunities to build your staff s resiliency and empower them to reach their goals the leader s guide to coaching in schools offers a proven accessible and usable framework to increase your interpersonal effectiveness and grow your ability to coach your staff to overcome obstacles and create their own solutions coaching experts john campbell and christian van nieuwerburgh demonstrate how coaching is not just for formal coaching relationships but how a coaching approach can be applied throughout a school day to create a culture of growth through sample questions video examples and tools this step by step guide shows you how to introduce a coaching approach into a wide range of conversational contexts use the growth coaching conversation framework to improve both staff and student success and well being use coaching approaches in areas that school leaders typically find challenging in formal

performance reviews when giving informal feedback and when working with teams help your staff get unstuck no matter what challenges they are facing by using solutions focused coaching techniques that help them envision desired outcomes and the actions needed to achieve them the growth coaching model should be in every administrator s hand as their bible for school improvement having this guide will guarantee success and getting the best out of all stakeholders elizabeth alvarez principal john c dore elementary chicago il the book is just what the doctor ordered for busy leaders short and concise b r jones superintendent of education tate county school district senatobia ms

Handbook of Coaching Psychology

2020-10-13

boost productivity by making the switch from boss to coach effective managers know their job is to help employees succeed not to give them orders they create relationships that build collaboration and meaningful performance improvement these managers know that when they facilitate the success of their team members they facilitate their own success effective coaching teaches you practices you can use immediately to engender employee commitment and help employees gain the skills necessary to sustain and grow any type of organization you ll learn the attributes of a successful coach how to set up an effective coaching session how to use coaching to correct unproductive behavior how to use coaching to be a better trainer briefcase books written specifically for today s busy manager feature eye catching icons checklists and sidebars to guide managers step by step through everyday workplace situations look for these innovative design features to help you navigate through each page clear definitions of key terms and concepts tactics and strategies for coaching employees tricks of the trade for executing effective coaching techniques practical advice for minimizing the possibility of error warning signs for when things are about to go wrong examples of successful workplace coaching specific planning procedures tactics and hands on techniques

The Coaches' Handbook

2011-09-02

we all want to think we are great coaches but in today s world of high pressure stress and fast paced decisions we often find ourselves defaulting to a directive mode the majority of the time and losing out on the opportunity to build alignment and engagement with those with whom we work guide coaching provides a proven model for helping all leaders learn the subtle ways in which they can make the transition from telling people what to do to coaching people towards more effective behaviors and ongoing change in practice guide coaching is a tool that helps leaders empower others while broadening their span of influence ishr group leverages their passion and expertise for developing influential leaders at global corporations around the world and shares their knowledge with this accessible approach and practical model designed to help anyone

become a more effective leader and coach a great book guide coaching offers a practical approach to coaching that will help leaders become better coaches use the guide coaching process and create a culture that engages and coaches your employees marshall goldsmith million selling author of the new york times bestsellers mojo and what got you here won t get you there recently recognized as the thinkers 50 most influential leadership thinker in the world i m impressed that these authors have a process that takes coaching that extra mile leaving skills with the coach so that they can offer their experience to others is a savvy way to begin to truly embed coaching into the culture of an organization this is a refreshing relevant and practical model and one which is very necessary for these times beverly kaye co author love em or lose em getting good people to stay andco author help them grow or watch them go career conversations employees want guide coaching ideas offer insightful and practical tips on how coaches can coach leaders and how leaders can coach high potential employees the process of coaching through guide ground understand incite decide encourage execute offers any coach a disciplined framework to make sure that coaching delivers desired personal results dave ulrich professor ross school of business university of michigan partner the rbl group co author the why of work how great leaders build abundant organizations that win

The Leader's Guide to Coaching in Schools

2012-06-20

this book develops an athlete centred approach to sports coaching which allows athletes to take ownership of their learning strengthening their ability to retain key skills and to make effective decisions during competition

Manager's Guide to Effective Coaching, Second Edition

2010-12-16

coaching is vital to developing talent in organizations and it is an essential capability of effective leaders the ccl handbook of coaching is based on a philosophy of leadership development that the center for creative leadership has honed over thirty years with rigorous research and with long rich experience in the practice of leadership coaching the book uses a coaching framework to give a compass to leaders who are called to coach as a means of building sustainability and boosting performance in their organizations the book explores the special considerations that leader coaches need to account for when coaching across differences and in special circumstances describes advanced coaching techniques and examines the systemic issues that arise when coaching moves from a one to one relationship to a developmental culture that embraces entire organizations

GUIDE Coaching

2012-06-14

get this hands on training guide to help you launch your coaching career the coach u personal development workbook and guide provides you with the tools you need to build your personal foundation preparing yourself to successfully coach others the detailed and flexible self assessment lesson plans allow you to set your own pace while engaging in a continuous process of self awareness and self improvement thousands of people who have completed the personal foundation module have found it helps them to develop the critical tools necessary to become a truly effective and successful coach as personal and professional coaching continues to prove its benefits to businesses and individuals coach u inc through its coach u and corporate coach u divisions remains the recognized leader for professional coach training and certification founded in 1988 coach u inc is the largest provider of online training for individuals interested in entering the fields of personal and professional coaching coach u inc has educated more than ten thousand people providing them the information tools and knowledge they need to successfully enter the fast growing world of life career business and corporate coaching

The Complete Guide to Coaching Soccer Systems and Tactics

2018-05-12

are you ready for your coaching to make a bigger impact do you want to enable teams to make a real difference to the world the challenges faced by organisations everywhere can be solved through better collective leadership collaboration and systemic thinking and as a coach you re already aware of the huge role that coaching can play in accessing the intelligence and coordinated power that teams could be leveraging team coaching transforms teams and wider organisational systems by increasing collective awareness meaning making and responsibility enabling people to work together through and beyond seemingly intractable challenges in this practical and empowering guide master coach georgina woudstra navigates you through the often complex and challenging reality of team coaching equipping you with a roadmap a set of metaskills and competencies she ll demonstrate how you can transform teams to realise greater success and develop your confidence overcome your fears to coach teams in even the most challenging situations competence learn to apply the coaching skills and to intervene effectively coherence integrate concepts and tools into a whole meaningful approach congruence develop a style that is true to who you are as a team coach learn to trust in people s untapped wisdom the process and most of all yourself and with georgina s expertise and guidance to support you become an impactful team coach with a distinctive personal style that solves problems creates change and gets sustainable results

The Coaching Process

2005-02-03

this is the first serious rigorous book about coaching which is deeply rooted in a long and varied therapeutical tradition and at the same time translates insights from that tradition into clear and crisp models for practical application in modern coaching practice the book refers to well known coaching approaches in business and devotes more attention than usual to internal coaching practices it is a distinct rigorous yet accessible guide to coaching approaches and practice

The CCL Handbook of Coaching

2021-06-10

life coaching

Professional Coaching Competencies

2004-10-27

it is vital that coaches have the ability to recognise mental health problems in their clients enabling them to make an informed decision about whether coaching is appropriate a guide to coaching and mental health provides an indispensable introduction to the assessment of psychological issues in the context of coaching divided into three sections the book covers all the legal ethical and practical considerations part i working on the boundary starts by exploring the distinction between normal and abnormal behaviour in part ii what s being said the authors introduce fictional case studies which cover a range of possible mental health issues from mild depression and anxiety through to psychoses and potentially life threatening problems part iii categories of mental illness guides the reader through the definition and management of the more common mental health problems this accessible and jargon free guide to identifying mental illness will prove invaluable for coaches and other related professionals whatever their level of experience

The Coach U Personal Development Workbook and Guide

2011

to stay on top companies need to do more than just tread waterâ they need to grow and that means that their employees need to develop and improve their skills at the same pace more than ever managers are being encouraged to improve employee

performance through effective coaching but so few of them have the time or the knowledge it takes to do it successfully brian emerson and ann loehr have spent years showing some of the country's top companies how to develop their most promising employees a manager's guide to coaching is a manual that will guide executives through every step of the coaching process from problem solving to developing accountability clear practical and straightforward this is an invaluable tool that will help every leader coach employees colleagues and themselves to excellence

Mastering The Art of Team Coaching

2006

performance coaching offers a guide to the fundamentals of coaching with an overview of all the key principles tools and case studies you need to develop more advanced knowledge whether you're thinking about becoming a coach already running a professional coaching practice or thinking about how you can embed a coaching culture in your organization carol wilson illustrates how to develop a best practice approach using practical tools throughout and with international case studies to illustrate the various cultural challenges coaches and managers can face performance coaching is a complete resource for developing coaching in any organization this new edition of performance coaching has been completely updated to offer a greater focus on building a coaching culture in organizations and the challenges that leaders face in understanding and developing a coaching approach ebl

Coaching with Colleagues

2008

the fit guide to business coaching shows you everything you need to know about becoming a business coach from how to find out if you've got what it takes through the basic tools and models that really work this book gives you a step by step guide to the tools the market knowledge and the crucial new techniques from psychology you need to become an exceptional business coach clear compelling and comprehensive covering classic and fresh material from both business and psychology this is the first book to cover both the critical elements of world class business coaching this book takes you through a tried and trusted process developed specifically for senior business leaders it will help you know when to coach and when to lead build powerful listening skills get to grips with the most useful and up to the minute coaching tools and psychological techniques calculate if and crucially how you can make a living as a business coach decide if how and when to go for accreditation as a coach

The Greatest Guide to Life Coaching

2014

performance coaching offers a guide to the fundamentals of coaching with an overview of all the key principles tools and case studies you need to develop more advanced knowledge whether you re thinking about becoming a coach already running a professional coaching practice or thinking about how you can embed a coaching culture in your organization carol wilson illustrates how to develop a best practice approach using practical tools throughout and with international case studies to illustrate the various cultural challenges coaches and managers can face performance coaching is a complete resource for developing coaching in any organization this new edition of performance coaching has been completely updated to offer a greater focus on building a coaching culture in organizations and the challenges that leaders face in understanding and developing a coaching approach

A Guide to Coaching and Mental Health

2012-09-07

one on one coaching can transform both your career and personal life whether you want to be successful at work deepen your relationships with the people who matter most or break free from unproductive patterns working with a coach can help you create the future you ve always wanted that being said coaching isn t magic all too often people have the desire to improve but fail to achieve the exponential growth they deserve it isn t because their goals are unattainable or that they aren t getting the right support from their coach it s due to a lack of basic understanding in how to get the most out of coaching simple tips and tricks can make a world of difference over the past decade highly sought coaches karen davis and alex mill have partnered with a wide range of clients from successful entrepreneurs and fortune 100 executives to individuals simply looking for more peace and balance in a hectic world they ve seen people surpass all of their goals and expectations while others took longer than they should have to make any real progress in this book davis and mill present a straightforward guide to ensure that you get the highest possible roi from your one on one coaching relationship you ll learn to drive the most value from your sessions easily carve out time to take action and effectively assess your progress and course correct if needed this book will shift your perception of coaching enabling you to attain greater personal fulfillment and immediate life changing results

A Manager's Guide to Coaching

2014-01-03

this book will help you and your staff to develop a framework for continuing professional development within your school or college

Performance Coaching

2021-09-21

a guide for leading extraordinary sustainable team transformation team advantage is a proven team coaching program designed to transform you and your team through a development process one that goes beyond the typical 2 day team building event the program is presented as an organizational game oriented around a stretch goal that is meaningful to you and your organization s success using this guide you will partner with a coach who conveys to you the necessary coaching skills together you can focus on guiding your team to new awareness new agreements and extraordinary performance the process includes four phases of team development that are implemented over the course of 16 weeks pre game preparation you will learn coaching skills and help interview each team member to set the stage for the program kick off workshop your team creates their own game plan oriented around an extraordinary goal weekly coaching sessions your team members will provide progress updates and learn to support their teammates review of team accomplishments and its transformation the team takes time to assimilate learning and celebrate their wins and their new level of communication in addition to focusing on attainment of the stretch goal the program provides a forum for real conversations truth telling and surfacing conflict as a natural and integral part of team dynamics in addition it leaves you and your team with a replicable process for continuing to grow together as you accomplish you and your team s potential

FT Guide to Business Coaching ePub eBook

2015

if you find yourself thinking or saying any of the following this is a book you need to pick up i know or suspect that i am underpaid but i hate negotiating i do everything else first and then write in the time left over i m not sure exactly what the promotion requirements are in my department since earning tenure my service load has increased and my research is suffering i don t get enough time with my family this is a practical guide for women in academe whether adjuncts professors or administrators who often encounter barriers and hostility especially women of color and generally carry a heavier load of service as well as household and care responsibilities than their male colleagues rena seltzer a respected life coach and trainer who has worked with women professors and academic leaders for many years offers succinct advice on how you can prioritize the multiplicity of demands on your life negotiate better create support networks and move your career forward using telling but disguised vignettes of the experiences of women she has mentored rena seltzer offers insights and strategies for managing the situations that all women face such as challenges to their authority while also paying attention to how they

often play out differently for latinas black and asian women she covers issues that arise from early career to senior administrator positions this is a book you can read cover to cover or dip into as you encounter concerns about time management your authority and influence work life balance problems with teaching leadership negotiating better finding time to write developing your networks and social support or navigating tenure and promotion and your career beyond

Performance Coaching

2004-07-15

How to Get the Most Out of Coaching

2010-06-28

The Leader's Guide to Coaching and Mentoring

2023-07-03

A Practical Guide to Mentoring, Coaching and Peer-networking

Team Advantage, Team Leader's Field Guide

The Coach's Guide for Women Professors

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