

# Free ebook Psychosocial issues in palliative care [PDF]

ethical issues in palliative care often arise because of concerns about how much and what kind of care make sense for someone with a limited life expectancy there is often conflict between clinicians nurses other health care team members patients and family members about what constitutes appropriate care particularly as patients approach palliative care is an approach that improves the quality of life of patients adults and children and their families who are facing problems associated with life threatening illness it prevents and relieves suffering through the early identification correct assessment and treatment of pain and other problems whether physical psychosocial what this paper adds this systematic review identified ethical challenges in six themes application of ethical principles delivering clinical care working with families engaging with institutional structures and values navigating societal values and expectations and the philosophy of palliative care the identified barriers were cultural social and organizational barriers lack of resources equipment and financing attitudes and cultures barriers related to the patient and the patient's family related barriers providers time and money education communication challenges policies insurance problems safety and crisis management palliative and hospice care aims to improve quality of life of patients relatives but still little is known about their specific problems and needs we present a comprehensive literature update share frequently asked questions about palliative care planning for care during a serious illness can be challenging palliative care is an option that can help patients and their families to learn more explore answers to frequently asked questions about palliative care below what is palliative care palliative care improves the quality of life for patients with a life threatening illness and for their families it aims to relieve suffering by identifying assessing and treating pain and palliative care is a resource for anyone living with a serious illness such as heart failure chronic obstructive pulmonary disease cancer dementia parkinson's disease and many others palliative care can be helpful at any stage of illness and is best provided soon after a person is diagnosed life limiting conditions are mentally taxing potentially exacerbating or inciting symptoms of anxiety depression and trauma this time is the nexus of so many important psychological issues said brian carpenter phd a professor of psychological and brain sciences and aging researcher at washington university in st louis the uk is considered a world leader in palliative and end of life care provision and research and has influenced end of life care around the world 2 however in the uk and all the more advanced countries there is evidence of shortfalls highlighting the challenges facing all countries 3 palliative care is a high priority for the uk national in this review the nci framework has been modified slightly to emphasize issues relevant to communication about palliative care with patients who have advanced disease fostering clinician patient relationships discussing serious news dealing with emotions eliciting values preparing for the future making decisions and involving and support central to this is acknowledging that people who are negatively impacted by often intersecting inequities e.g. racism classism ageism ableism sexism and who experience social disadvantages e.g. homelessness poverty are known to face disproportionate barriers in accessing palliative care global evidence informs a high burden of depression anxiety psychological distress and other mental health problems among the palliative care populations those challenges aggravate the preexisting palliative care issues such as lack of access and suboptimal quality of care we identified four key psychosocial issues related to palliative care that were relevant in both the inpatient and outpatient settings care planning patient centred care a protected environment with feelings of safety and psychological well being palliative care is also essential for patients with covid 19 palliative care focuses on the symptoms and stress of the disease and the treatment it treats a wide range of issues that can include pain depression anxiety fatigue shortness of breath constipation nausea loss of appetite and difficulty sleeping ethical issues arise daily in the delivery of palliative care despite much largely theoretical literature evidence from specialist palliative care practitioners about day to day ethical challenges has not previously been synthesised this evidence is crucial to inform education and adequately support staff aim what issues are addressed in palliative care the physical and emotional effects of cancer and its treatment may be very different from person to person palliative care can address a broad range of issues integrating an individual's specific needs into care pmcid pmc3595441 doi 10.1200/jop.2013.000896 abstract although palliative care is not new to health care or to oncology oncologists still struggle to maximize the value of this type of care across the entire care continuum and across the patient's trajectory of illness excellent communication can introduce patients and families to palliative care in a nonthreatening way build

patient trust enable symptom control strengthen coping and guide decision making this review covers deficiencies in the current state of communication patient preferences for communication about palliative care topics best

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palliative care is an approach that improves the quality of life of patients adults and children and their families who are facing problems associated with life threatening illness it prevents and relieves suffering through the early identification correct assessment and treatment of pain and other problems whether physical psychosocial

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what this paper adds this systematic review identified ethical challenges in six themes application of ethical principles delivering clinical care working with families engaging with institutional structures and values navigating societal values and expectations and the philosophy of palliative care

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the identified barriers were cultural social and organizational barriers lack of resources equipment and financing attitudes and cultures barriers related to the patient and the patient s family related barriers providers time and money education communication challenges policies insurance problems safety and crisis management

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palliative and hospice care aims to improve quality of life of patients relatives but still little is known about their specific problems and needs we present a comprehensive literature update

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palliative care improves the quality of life for patients with a life threatening illness and for their families it aims to

relieve suffering by identifying assessing and treating pain and

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palliative care is a resource for anyone living with a serious illness such as heart failure chronic obstructive pulmonary disease cancer dementia parkinson s disease and many others palliative care can be helpful at any stage of illness and is best provided soon after a person is diagnosed

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life limiting conditions are mentally taxing potentially exacerbating or inciting symptoms of anxiety depression and trauma this time is the nexus of so many important psychological issues said brian carpenter phd a professor of psychological and brain sciences and aging researcher at washington university in st louis

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the uk is considered a world leader in palliative and end of life care provision and research and has influenced end of life care around the world 2 however in the uk and all the more advanced countries there is evidence of shortfalls highlighting the challenges facing all countries 3 palliative care is a high priority for the uk national

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in this review the nci framework has been modified slightly to emphasize issues relevant to communication about palliative care with patients who have advanced disease fostering clinician patient relationships discussing serious news dealing with emotions eliciting values preparing for the future making decisions and involving and support

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central to this is acknowledging that people who are negatively impacted by often intersecting inequities e g racism classism ageism ableism sexism and who experience social disadvantages e g homelessness poverty are known to face disproportionate barriers in accessing palliative care

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global evidence informs a high burden of depression anxiety psychological distress and other mental health problems among the palliative care populations those challenges aggravate the preexisting palliative care issues such as lack of access and suboptimal quality of care

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we identified four key psychosocial issues related to palliative care that were relevant in both the inpatient and outpatient settings care planning patient centred care a protected environment with feelings of safety and psychological well being

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palliative care is also essential for patients with covid 19 palliative care focuses on the symptoms and stress of the disease and the treatment it treats a wide range of issues that can include pain depression anxiety fatigue shortness of breath constipation nausea loss of appetite and difficulty sleeping

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ethical issues arise daily in the delivery of palliative care despite much largely theoretical literature evidence from specialist palliative care practitioners about day to day ethical challenges has not previously been synthesised this evidence is crucial to inform education and adequately support staff aim

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what issues are addressed in palliative care the physical and emotional effects of cancer and its treatment may be very different from person to person palliative care can address a broad range of issues integrating an individual s specific needs into care

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pmcid pmc3595441 doi 10 1200 jop 2013 000896 abstract although palliative care is not new to health care or to oncology oncologists still struggle to maximize the value of this type of care across the entire care continuum and across the patient s trajectory of illness

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