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ADD AN EXTRA 2-3 LAYERS OVER BONY PROMINENCES LIGHTLY MOISTEN THE SPLINTING MATERIAL PLACE IT AND FOLD THE ENDS OF STOCKINETTE OVER THE SPLINTING MATERIAL APPLY THE ELASTIC BANDAGING WHILE STILL WET USE PALMS TO MOLD THE SPLINT TO THE DESIRED SHAPE ONCE HARDENED CHECK NERVOVASCULAR STATUS AND MOTOR FUNCTION 1 SPLINTING TECHNIQUES GENERAL PRINCIPLES SPLINTING PLAYS A MAJOR ROLE IN THE MANAGEMENT OF MUSCULOSKELETAL INJURIES INCLUDING TREATMENT OF OVERUSE AND SOFT TISSUE INJURIES EG TENDONITIS AND SPRAINS AS WELL AS FOR TRAUMATIC INJURIES LIKE EXTREMITY FRACTURES AND JOINT DISLOCATIONS THE INITIAL APPROACH TO CASTING AND SPLINTING REQUIRES A THOROUGH ASSESSMENT OF THE SKIN NEUROVASCULAR STATUS SOFT TISSUES AND BONY STRUCTURES TO ACCURATELY ASSESS AND DIAGNOSE THE INJURY 1 VARIOUS SPLINTING TECHNIQUES MAY BE EMPLOYED DICTATED BY THE LOCATION OF THE INJURY AND THE POSITION OF IMMOBILIZATION NEEDED SPLINTING AIMS TO CORRECT AND RESTORE THE ANATOMIC LENGTH ROTATION AND ANGULATION OF A SPECIFIC INJURY THE ABILITY TO PROPERLY APPLY CASTS AND SPLINTS IS A TECHNICAL SKILL EASILY MASTERED WITH PRACTICE AND AN UNDERSTANDING OF BASIC PRINCIPLES THE INITIAL APPROACH TO CASTING AND SPLINTING BACKGROUND SPLINTING TECHNIQUES ARE USED TO TREAT MUSCULOSKELETAL SYSTEM ABNORMALITIES THE MAIN INDICATIONS FOR SPLINTING ARE TO TEMPORARILY IMMOBILIZE A LIMB FOR PAIN AND SPASM TO DECREASE UPDATED NOV 03 2023 AUTHOR TWEE T DO MD CHIEF EDITOR ERIK D SCHRAGA MD MORE PRINT BACKGROUND SPLINTING TECHNIQUES ARE USED TO TREAT MUSCULOSKELETAL SYSTEM ABNORMALITIES DEVELOPED BY THE FORMER CHAIR OF THE EMRA SPORTS MEDICINE DIVISION AND REVIEWED BY THE 2017 CHAIR OF THE ACEP SPORTS MEDICINE SECTION THIS FREE DOWNLOADABLE PDF OFFERS BASELINE SPLINTING GUIDANCE ILLUSTRATIONS AND STEPS FOR 11 DIFFERENT TECHNIQUES PLUS INDICATIONS AND COMPLICATIONS DOWNLOAD THE GUIDE PDF PUBLISHED JULY 2017 BASIC TECHNIQUES FOR SPLINTING OF MUSCULOSKELETAL INJURIES UPTODATE AUTHOR ANDREA STRACCIOLINI MD SECTION EDITORS KARL B FIELDS MD ANNE M STACK MD ALLAN B WOLFSON MD DEPUTY EDITOR MICHAEL GANETSKY MD LITERATURE REVIEW CURRENT THROUGH JAN 2024 THIS TOPIC LAST UPDATED SEP 21 2022 INTRODUCTION BASIC SPLINTING TECHNIQUES THE FIRST STEP IN SPLINT CONSTRUCTION IS TO APPLY A PROTECTIVE LAYER TO THE EXTREMITY WITH THE USE OF A FABRIC STOCKINETTE FIG 3 AVOID WRINKLES AND CUT A SUFFICIENT INDICATIONS AND ACCURATE APPLICATION TECHNIQUES VARY FOR EACH TYPE OF SPLINT AND CAST COMMONLY ENCOUNTERED IN A PRIMARY CARE SETTING THIS ARTICLE HIGHLIGHTS THE DIFFERENT TYPES OF SPLINTS 1 IDENTIFY SPLINT MATERIAL PROPERTIES 2 RECOGNIZE TOOLS COMMONLY USED IN THE SPLINTING PROCESS 3 IDENTIFY VARIOUS METHODS TO OPTIMALLY PREPARE A CLIENT FOR SPLINTING 4 EXPLAIN THE PROCESS OF CUTTING AND MOLDING A SPLINT 5 LIST COMMON SPLINTING ITEMS THAT SHOULD BE AVAILABLE TO A THERAPIST FOR SPLINT PROVISION WHILE THERE ARE MANY INDICATIONS FOR SPLINTING AN EXTREMITY THREE MAIN TYPES OF INJURIES ARE COMMONLY TREATED IN OUTPATIENT SETTINGS FRACTURES SPLINTING IS USED TO STABILIZE FRACTURES OF THE FAILURE TO PROPERLY SPLINT AN EXTREMITY CAN LEAD TO INJURY THAT'S WORSE THAN IF YOU DIDN'T SPLINT IT AT ALL THE BASIC SKILL OF SPLINTING TAKES TALENT AND EXPERIENCE TO BE PERFORMED CORRECTLY GUIDE WHAT FACTS SHOULD I KNOW ABOUT SPLINTING BROKEN BONES USING BANDAGES TO CREATE A SLING WORKS FOR IMMOBILIZING COLLARBONE SHOULDER AND UPPER ARM INJURIES EXTENDING DOWN TO THE ELBOW WHAT IS A SPLINT USED FOR ANY SUSPECTED FRACTURE BROKEN BONE OR DISLOCATION SHOULD BE SPLINTED IMMOBILIZED OR BOTH MARCH 14 2024 MASTERING SPLINTING TECHNIQUES A FIRST AID ESSENTIAL WRITTEN BY ATAC TEAM AMONG THE VARIOUS TECHNIQUES AND PRACTICES USED IN FIRST AID SPLINTING STANDS AS A VITAL SKILL THAT CAN MAKE A SIGNIFICANT DIFFERENCE IN ENSURING THE WELL BEING AND RECOVERY OF A PERSON WITH A

BONE FRACTURE OR JOINT INJURY CHAPTER 2022 KEYWORDS CAST SPLINT IMMOBILIZATION STABILIZATION OVERVIEW THE INITIAL TREATMENT OF MANY ORTHOPEDIC INJURIES RELIES UPON CASTING AND SPLINTING OF THE AFFECTED LIMB TO MITIGATE PAIN MAINTAIN REDUCTION AND PREVENT FURTHER DAMAGE TO SOFT TISSUES HOWEVER THESE TOOLS ARE NOT WITHOUT THEIR ASSOCIATED CAVEATS REVIEW SPLINT TECHNIQUES ASSOCIATED WITH INJURIES COMMONLY MANAGED IN THE ED LEARN SOME BASIC TIPS TO HELP WITH SUCCESSFUL PLACEMENT OF THESE SPLINTS UPPER EXTREMITY 1 2 HUMERUS FOREARM WRIST AND HAND LOWER EXTREMITY 1 TIBIA FIBULA ANKLE AND FOOT THANKS TO DR ANISHA MOLHOLTRA FOR THE PROFESSIONALLY SKETCHED SPLINT IMAGES REFERENCES RECOVERY CARE OF CASTS AND SPLINTS CASTS AND SPLINTS SUPPORT AND PROTECT INJURED BONES AND SOFT TISSUE WHEN YOU BREAK A BONE YOUR DOCTOR WILL PUT THE PIECES BACK TOGETHER IN THE RIGHT POSITION CASTS AND SPLINTS HOLD THE BONES IN PLACE WHILE THEY HEAL THEY ALSO REDUCE PAIN SWELLING AND MUSCLE SPASM INDICATIONS AND ACCURATE APPLICATION TECHNIQUES VARY FOR EACH TYPE OF SPLINT AND CAST COMMONLY ENCOUNTERED IN A PRIMARY CARE SETTING THIS ARTICLE HIGHLIGHTS THE DIFFERENT TYPES OF SPLINTS

SPLINTING TECHNIQUES EMRA

APR 26 2024

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BASIC TECHNIQUES FOR SPLINTING OF MUSCULOSKELETAL INJURIES

MAR 25 2024

GENERAL PRINCIPLES SPLINTING PLAYS A MAJOR ROLE IN THE MANAGEMENT OF MUSCULOSKELETAL INJURIES INCLUDING TREATMENT OF OVERUSE AND SOFT TISSUE INJURIES EG TENDONITIS AND SPRAINS AS WELL AS FOR TRAUMATIC INJURIES LIKE EXTREMITY FRACTURES AND JOINT DISLOCATIONS

PRINCIPLES OF CASTING AND SPLINTING AAFP

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THE INITIAL APPROACH TO CASTING AND SPLINTING REQUIRES A THOROUGH ASSESSMENT OF THE SKIN NEUROVASCULAR STATUS SOFT TISSUES AND BONY STRUCTURES TO ACCURATELY ASSESS AND DIAGNOSE THE INJURY 1

SPLINTING STATPEARLS NCBI BOOKSHELF

JAN 23 2024

VARIOUS SPLINTING TECHNIQUES MAY BE EMPLOYED DICTATED BY THE LOCATION OF THE INJURY AND THE POSITION OF IMMOBILIZATION NEEDED SPLINTING AIMS TO CORRECT AND RESTORE THE ANATOMIC LENGTH ROTATION AND ANGULATION OF A SPECIFIC INJURY

PRINCIPLES OF CASTING AND SPLINTING AAFP

DEC 22 2023

THE ABILITY TO PROPERLY APPLY CASTS AND SPLINTS IS A TECHNICAL SKILL EASILY MASTERED WITH PRACTICE AND AN UNDERSTANDING OF BASIC PRINCIPLES THE INITIAL APPROACH TO CASTING AND SPLINTING

SPLINTING TECHNIQUE APPLICATION OF SPLINTS MEDSCAPE

NOV 21 2023

BACKGROUND SPLINTING TECHNIQUES ARE USED TO TREAT MUSCULOSKELETAL SYSTEM ABNORMALITIES

THE MAIN INDICATIONS FOR SPLINTING ARE TO TEMPORARILY IMMOBILIZE A LIMB FOR PAIN AND SPASM TO DECREASE

SPLINTING BACKGROUND INDICATIONS CONTRAINDICATIONS

MEDSCAPE

OCT 20 2023

UPDATED NOV 03 2023 AUTHOR TWEE T DO MD CHIEF EDITOR ERIK D SCHRAGA MD MORE PRINT BACKGROUND SPLINTING TECHNIQUES ARE USED TO TREAT MUSCULOSKELETAL SYSTEM ABNORMALITIES

EMRA SPLINTING GUIDE SPORTS MEDICINE SECTION ACEP

SEP 19 2023

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BASIC TECHNIQUES FOR SPLINTING OF MUSCULOSKELETAL INJURIES

AUG 18 2023

BASIC TECHNIQUES FOR SPLINTING OF MUSCULOSKELETAL INJURIES UPTODATE AUTHOR ANDREA STRACCIOLINI MD SECTION EDITORS KARL B FIELDS MD ANNE M STACK MD ALLAN B WOLFSON MD DEPUTY EDITOR MICHAEL GANETSKY MD LITERATURE REVIEW CURRENT THROUGH JAN 2024 THIS TOPIC LAST UPDATED SEP 21 2022 INTRODUCTION

BASIC SPLINTING TECHNIQUES THE NEW ENGLAND JOURNAL OF MEDICINE

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SPLINTS AND CASTS INDICATIONS AND METHODS AAFP

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INDICATIONS AND ACCURATE APPLICATION TECHNIQUES VARY FOR EACH TYPE OF SPLINT AND CAST COMMONLY ENCOUNTERED IN A PRIMARY CARE SETTING THIS ARTICLE HIGHLIGHTS THE DIFFERENT TYPES OF SPLINTS

SPLINTING PROCESSES TOOLS AND TECHNIQUES MUSCULOSKELETAL KEY

MAY 15 2023

1 IDENTIFY SPLINT MATERIAL PROPERTIES 2 RECOGNIZE TOOLS COMMONLY USED IN THE SPLINTING PROCESS 3 IDENTIFY VARIOUS METHODS TO OPTIMALLY PREPARE A CLIENT FOR SPLINTING 4 EXPLAIN THE PROCESS OF CUTTING AND MOLDING A SPLINT 5 LIST COMMON SPLINTING ITEMS THAT SHOULD BE AVAILABLE TO A THERAPIST FOR SPLINT PROVISION

BASIC SPLINTING TECHNIQUES NEW ENGLAND JOURNAL OF MEDICINE

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WHILE THERE ARE MANY INDICATIONS FOR SPLINTING AN EXTREMITY THREE MAIN TYPES OF INJURIES ARE COMMONLY TREATED IN OUTPATIENT SETTINGS FRACTURES SPLINTING IS USED TO STABILIZE FRACTURES OF THE

THE LOST ART OF SPLINTING HOW TO PROPERLY IMMOBILIZE JEMS

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FAILURE TO PROPERLY SPLINT AN EXTREMITY CAN LEAD TO INJURY THAT S WORSE THAN IF YOU DIDN T SPLINT IT AT ALL THE BASIC SKILL OF SPLINTING TAKES TALENT AND EXPERIENCE TO BE PERFORMED CORRECTLY

SPLINTING BROKEN BONES FIRST AID MATERIAL TECHNIQUES TYPES

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GUIDE WHAT FACTS SHOULD I KNOW ABOUT SPLINTING BROKEN BONES USING BANDAGES TO CREATE A SLING WORKS FOR IMMOBILIZING COLLARBONE SHOULDER AND UPPER ARM INJURIES EXTENDING DOWN TO THE ELBOW WHAT IS A SPLINT USED FOR ANY SUSPECTED FRACTURE BROKEN BONE OR DISLOCATION SHOULD BE SPLINTED IMMOBILIZED OR BOTH

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SPLINTING AND CASTING TECHNIQUES SPRINGERLINK

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CHAPTER 2022 KEYWORDS CAST SPLINT IMMOBILIZATION STABILIZATION OVERVIEW THE INITIAL TREATMENT OF MANY ORTHOPEDIC INJURIES RELIES UPON CASTING AND SPLINTING OF THE AFFECTED LIMB TO MITIGATE PAIN MAINTAIN REDUCTION AND PREVENT FURTHER DAMAGE TO SOFT TISSUES HOWEVER THESE TOOLS ARE NOT WITHOUT THEIR ASSOCIATED CAVEATS

SPLINTER SERIES COMMON ED SPLINT TECHNIQUES 104 ALIEM

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REVIEW SPLINT TECHNIQUES ASSOCIATED WITH INJURIES COMMONLY MANAGED IN THE ED LEARN SOME BASIC TIPS TO HELP WITH SUCCESSFUL PLACEMENT OF THESE SPLINTS UPPER EXTREMITY 1 2 HUMERUS FOREARM WRIST AND HAND LOWER EXTREMITY 1 TIBIA FIBULA ANKLE AND FOOT THANKS TO DR ANISHA MOLHOLTRA FOR THE PROFESSIONALLY SKETCHED SPLINT IMAGES REFERENCES

CARE OF CASTS AND SPLINTS ORTHOINFO AAO

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RECOVERY CARE OF CASTS AND SPLINTS CASTS AND SPLINTS SUPPORT AND PROTECT INJURED BONES AND SOFT TISSUE WHEN YOU BREAK A BONE YOUR DOCTOR WILL PUT THE PIECES BACK TOGETHER IN THE RIGHT POSITION CASTS AND SPLINTS HOLD THE BONES IN PLACE WHILE THEY HEAL THEY ALSO REDUCE PAIN SWELLING AND MUSCLE SPASM

SPLINTS AND CASTS INDICATIONS AND METHODS AAFP

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