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tokyo cj cummings was one of only three weightlifters attempting an olympic record of at least 198 kilograms in the clean and jerk wednesday at the olympic games tokyo 2020 it was a go big or go home move as cummings 21 was the youngest of the eight lifters on the stage at the tokyo international forum in the 73 kg division tokyo japan gv huge crowd filling stadium cheering and then all bowing together towards the royal box ms emperor hirohito of japan alone in his box bowing towards the crowd vs of a mass for the following clean and jerk liao lifted 126 kilograms nearly 278 pounds diaz responded by lifting 127 kilograms another olympic record which finally broke the philippines gold read on to find out where you can get a plate of jerk chicken and rice and peas in the capital when it comes to food jamaica is known for jerk meats like chicken and pork seasoned with a mixture of herbs and spices and slow cooked most often on a grill made from a steel drum the spices include allspice thyme and scotch bonnet pepper the menu is simple listing standard jamaican dishes including various jerk meats rice and peas and ital stew tokyo 03 august 2021 pacnews the young nauru lifter competed alongside some of the world s top female lifters in the 76kg body weight category recording a total lift of 203kg snatch 90kg and 113kg clean and jerk jerk chicken to expensive i got a large jerk chicken only which was 27 00 and one strong back drink 7 00 whole bill came up to 37 00 usually a large jerk chicken cost about 15 to 20 dollars and it's real jerk chicken from grill this jerk chicken is oven jerk chicken in my large jerk chicken i got 1 wing no legs the rest breast very dry won t be going back there better of getting jerk tokyo ap three events three gold medals china kept its perfect record in tokyo olympic weightlifting sunday but only after plenty of drama it was gold or nothing when chen lijun stepped onto the stage for his second lift in the clean and jerk the men s 67 kg weightlifting competitions at the 2020 summer olympics in tokyo took place on 25 july at the tokyo international forum the weightlifter from china won the gold with a combined lift of 332 kg 1 2 he sampled jerk chicken coconut rice salmon pasta beef rib cabbage and his first bite of new orleans style mac and cheese arguably the best moment of the review was when lee took a bite of at the national selection trials for the rio olympics mirabai chanu had broken the 12 year old national record set by weightlifter kunjarani devi at the athens 2004 olympics by lifting 85kg snatch and 107kg clean and jerk for a total of 192kg news weightlifter lasha talakhadze 109kg scores three world records at 2020 olympic games the georgian set new bests and new records in the snatch clean jerk and total written by jake there are two stages in modern olympic weightlifting the snatch and the clean and jerk the snatch is where the weightlifter picks up the barbell and lifts it above his head in one singular motion st james jamaica the popular montego bay jerk fest has reached a milestone with the 15th staging slated to take place on august 1 the event will be held at the catherine hall entertainment the 26 year old mirabai chanu managed a total lift of 202 kgs 87kgs in snatch 115 kgs in clean and jerk to finish behind the olympic champion hou zhihui of china who set an olympic record with a lift of 210 kgs 94 116 china s li wenwen showed her supremacy in the women s weightlifting 87kg division setting three new olympic records en route to a gold medal at the tokyo olympic games on monday li current world record holder in the snatch

clean and jerk and total called 130kg in her first snatch attempt the 24 year old hou zhihui sets new 49kg marks in snatch clean and jerk and overall total to claim china s second gold medal of the games hou zhihui has won china s second gold medal of the tokyo olympics with a commanding showing in the women s 49 kilogram weightlifting category hou lifted a total 210kg 3kg short of her world in the clean jerk chanu the world record holder in the section lifted 110kg and 115kg in the first two attempts however she was unable to raise 117kg in her final attempt but it was enough to fetch her a medal and open india s account chinese weightlifter lyu xiaojun clinched the gold medal during the tokyo olympics men s 81 kilogram final on saturday lyu set new olympic records of snatch 170kg clean and jerk 204 and total 374kg nine years ago he won men s 77kg gold medal in london while breaking the world record

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he sampled jerk chicken coconut rice salmon pasta beef rib cabbage and his first bite of new orleans style mac and cheese arguably the best moment of the review was when lee took a bite of

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at the national selection trials for the rio olympics mirabai chanu had broken the 12 year old national record set by weightlifter kunjarani devi at the athens 2004 olympics by lifting 85kg snatch and 107kg clean and jerk for a total of 192kg

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mirabai chanu wins weightlifting silver medal at tokyo olympics Mar 11 2023

the 26 year old mirabai chanu managed a total lift of 202 kgs 87kgs in snatch 115 kgs in clean and jerk to finish behind the olympic champion hou zhihui of china who set an olympic record with a lift of 210 kgs 94 116

chinese weightlifter li wenwen claims 87kg gold at tokyo Feb 10 2023

china s li wenwen showed her supremacy in the women s weightlifting 87kg division setting three new olympic records en route to a gold medal at the tokyo olympic games on monday li current world record holder in the snatch clean and jerk and total called 130kg in her first snatch attempt

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the 24 year old hou zhihui sets new 49kg marks in snatch clean and jerk and overall total to claim china s second gold medal of the games

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hou zhihui has won china s second gold medal of the tokyo olympics with a commanding showing in the women s 49 kilogram weightlifting category hou lifted a total 210kg 3kg short of her world

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in the clean jerk chanu the world record holder in the section lifted 110kg and 115kg in the first two attempts however she was unable to raise 117kg in her final attempt but it was enough to fetch her a medal and open india s account

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