

# Free ebook Riding the elephant an alzheimers journey (PDF)

alzheimer s disease and the elephants in the room five inconvenient truths complicating the leading hypothesis posted february 8 2022 reviewed by gary drevitch key points research this is why the elephant is often used as a symbol for alzheimer s and dementia it represents hope for finding a cure developing medications that slow the disease process and discovering more preventative methods to reduce the risk of developing alzheimer s or another form of dementia in addition to its involvement in cancer p53 has other relevant associations including its association with alzheimer s disease ad and its central role in aging thus elephants provide a unique opportunity to further investigate the potential protective effects of p53 in not only cancer but aging in general the brain shows a marked increase in degenerative and vascular disorders with age but there is evidence that some factors might protect against these phenomena it has been suggested on the the brains of loxodonta africana or african elephants are nearly three times larger than their human counterparts holding as many as 257 billion neurons compared to our feeble 100 billion or researchers are gleaning information from elephants to help us better understand alzheimer s disease the old adage is true elephants truly do have amazing memories even into their later years to illustrate they re able to recollect and go back to highly specific locations decades after visiting them irrespective of age elephants are large brained social mammals with a long lifespan studies of elephants can provide insight into the aging process which may be relevant to understanding diseases that affect elderly humans because of their shared characteristics that have arisen through independent evolution there s an old story about three blind men who encounter an elephant in a field each man touches a different part of the creature its side its tusks and its trunk and misidentifies the elephant just what can we glean from elephants that might lead a new alzheimer s treatment and enhancing our own cognitive functioning as we age interestingly elder elephants brains reveal no accumulation of the amyloid plaques a number of researchers are linking to alzheimer s if we take a brief look at the key statistics it becomes obvious why this is a missed opportunity academic estimates suggest that between 70 80 of the 422 000 people living in residential care homes in the uk have dementia how elephants are helping alzheimer s disease october 10 2018 can we learn something about alzheimer s from an elephant learn more in this article the old adage an elephant never forgets is true elephants really do have incredible memories even into their old age in zambia chusyd is comparing orphaned elephants to those living in intact families to determine the long term health and behavioral effects of experiencing early life trauma this research is funded by the national institute on aging and in collaboration with game rangers international the pinellas county dementia care caregivers at generations at home explain how researching elephant social patterns may provide a clue into what seniors need to prevent or delay the effects of dementia and alzheimer s disease surprisingly older elephants brains show no accumulation of the amyloid plaques some experts are linking to alzheimer s and dementia even though other experts tout the requirement for ample sleep to permit the brain the chance to clear away plaques elephants are stamping over that idea sleeping as few as two hours everyday behavioral symptoms related to alzheimer s and other dementias are indeed the elephant in the room we already know how to deal with that elephant we must do so now each unique flower s color acts as a symbol of resilience and conveys an individual s perspective on their battle with the illness blue for those who are now coping with alzheimer s disease or another kind of dementia purple represents those who have lost a loved one due to dementia yellow for the caregivers alzheimer s disease ad is the most prevalent cause of progressive mental deterioration in aging humans and there is a growing body of evidence that similar disorders alzheimer s like diseases ald are observed in animals more than ever found in senescent individuals simon nicholls march blood tests showed that his brain had continued to improve cnn dr richard isaacson what really drove his score down was the amyloid value isaacson said it the purple elephant alzheimer s and dementia worldwide 55 million people are living with alzheimer s and other dementias alzheimer s disease is a degenerative brain disease and the most common form of dementia dementia is not a specific disease the uw alzheimer s disease research center seeks to advance research in genetic risk develop neuroimaging biomarkers for preclinical detection and discover novel treatment strategies in affiliation with the uw memory and brain wellness center

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