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the 24 character strengths are divided into six classes of virtues wisdom courage humanity justice temperance and transcendence here is a closer look at the six virtues and the positive character strengths that are grouped with each of them research with young people has found that character strengths relate to multiple aspects of well being including happiness mental emotional health social relationships and academic achievement character strengths help make kids happier discover your character strengths in 10 minutes with the free scientifically validated via survey learn to use your character strengths to live your best life in this study we use trait activation theory to investigate the relationships of students character strengths with achievement flow experiences and enjoyment in different learning situations i e teacher centered learning individual tasks and group work an extensive meta analysis including 52 studies was undertaken on the relationship between character education and student achievement and behavioral outcomes we defined character as everything we do to help other people as well as ourselves as an organizing principle we separated character strengths into three dimensions strengths of heart such as gratitude enable harmonious relationships with other people a combination of psychological research and leadership experience underscores the importance of positive character in a successful life character strengths are those aspects of our personality that define what is best in us collectively they are responsible for our greatest achievements and fulfillment scientists have identified 24 strengths that are the basic building blocks defining our individuality psychologically speaking while character strengths are expected to contribute to the good life they also may serve specific purposes e g the strength of curiosity should support the acquisition and use of knowledge this study explored the potential functions of character strengths from a within person perspective character refers to a cluster of positive personality traits and behaviors that are not only morally valued but are also at the heart of positive youth development park and peterson 2009 we found that several character strengths were associated with both positive classroom behavior and school achievement across both samples school achievement was correlated with love of learning perseverance zest gratitude hope and perspective via character strengths are the only scientifically validated strengths assessment that helps people flourish across every aspect of their lives and at each stage of life people rely on their character strengths at age 22 42 62 and 82 to achieve goals remain resilient deepen relationships and feel like their true selves we aim to provide a better insight into which aspects of good character are reliably linked with school achievement and positive classroom behavior and for which of the character strengths the link between them and school achievement is mediated by positive classroom behavior we aim to provide a better insight into which aspects of good character are reliably linked with school achievement and positive classroom behavior and for which of the character strengths the link between them and school achievement is mediated by positive classroom behavior there are 6 classes of virtues that are made up of 24 character strengths wisdom and knowledge courage humanity justice temperance transcendence researchers approached the measurement of good character based on the strengths of authenticity persistence kindness gratitude hope humor and more the core theme of positive psychology is character strengths peterson and seligman 2004 which can be conceptualized as the positive qualities or dispositions of interests talents values emotions and thoughts manifested by individuals park and peterson 2009 the present study aims at investigating whether students character strengths predict both achievement and positive learning experiences flow experiences and enjoyment in different learning situations i e teacher centered learning individual tasks and group work over and above cognitive ability we have found that students academic achievement is influenced by a set of character strengths among middle school students the character strengths of perseverance love gratitude hope and perspective predicts academic achievement key takeaways character is the foundation of moral integrity and influences personal and professional conduct continuous development of character is shaped by society culture and experience character contributes to trust in relationships effective leadership and personal well being in this pursuit the debate between character development and academic achievement has gained significant attention while academic excellence remains essential for a prosperous future

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